

December 2019 |Newsletter

[Volume 7, Issue 12]



Our Aim

To support our community, to provide a free newsletter to motorcycle enthusiasts that includes current rides and events as well as ride and pub reviews as well as photos of recent rides/events. Poker run and other event flyers can be published in this newsletter, irrespective of group, provided it has a charitable focus. E-mailing details to info@eatmyshorts.com.au

The advertising of your business or “for sale” items in this newsletter or on our website will attract a small charge to be donated to one of the many charities we support. For the website and newsletter to be successful, we welcome news stories, reviews and other contributions from groups and individuals. .

About us

Independent Riders is not a club. We are a group of individuals who believe in the enjoyment and freedom obtained through motorcycle riding without the restrictions and politics associated with membership and imposed by “committees” of clubs/associations. Independent Riders have a charitable focus but as true ‘Independents’ we have no President, Secretary, Founding members or other similar position and the opinion of each person is considered equal. We do however have moderators on the website and Facebook page and one person chosen to be our Public Relations Officer. The role of this person is to promote our worthwhile and charitable causes and social events.

The wearing of Independent Rider merchandise (cloth patch, sticker, banner etc) does not equate to membership but rather a statement to indicate the person/persons belief in the concept of “The Independent Rider”. Those who believe in the “Independent” concept are welcome to purchase and wear any of our patches or merchandise with our logo including our banners. Minimal amounts from sales are needed to help purchase new stock and cover basic administrative expenses, most money raised from merchandise sales go to various charitable organisations including: Fraser Coast Family Networks and Fraser Coast Wildlife Sanctuary.

Where possible, we provide experience and support with fundraising events for other groups/clubs by assisting with co-ordination, promotion or organising/designing promotional material including banners, patches etc. We believe that as a united force, bikers have the ability to provide positive direction within our community and be the leaders our community so desperately need. E-mail us for details info@eatmyshorts.com.au or miket60@bigpond.net.au

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Postal Address

Independent Riders Pty Ltd
PO Box 261
Howard QLD 4659

Brisbane to Capricorn Coast



Where are Independent Riders?

Independent Riders have supporters as far south as the Gold Coast and to the north Cairns with the odd supporter in most Australian states and territories. While spread around our main contact points are Brisbane (Moreton Bay), Fraser and Capricorn Coast with a new addition Darling Downs, (Branches and contact details provided in this newsletter.

If you have a ride/event let us know and it will go either in the next addition of this newsletter and/or our website. If you know of good pubs, camping, have some great photos/stories or just want to go on our mailing list e-mail Independent Riders at info@eatmyshorts.com.au Visit our website www.eatmyshorts.com.au for more information on what we get up to as well as over a decade of pictures.

Meet us for a drink and a laugh at The Tinana Hotel (The Tinnie), Ferry Street, Maryborough Friday nights from 5.30pm onwards. Hope to see you there

Until next time, stay safe... Independent Riders



We can be found each Friday afternoon / evening from around 5.30 PM at The Tinana Hotel, The Tinnie, just over The Lamington Bridge in Tinana. We are usually located near the bar or on warm days out front in the garden bar. During winter, we softies will be in side to stay warm ☺

We usually have a few drinks, have a feed or head off somewhere else for dinner. We also discuss any future rides. If you feel like a chat, come down and see us.

Other upcoming Rides for 2020

- 7th Mar Annual Independent Poker Run
- 22-24 Mar Conondale Rally
- 2-4 May Annual 3 Day Pub Run
- 17th May Independent Show and Shine
- 6th Dec Annual Fraser Coast Toy Run

Rides can sometimes be very "last-minute" and sometimes get finalised over a beer on a Friday night so please ask to join our Facebook page: Independent Riders Fraser Coast.



Summer 2020

- Social nights for 2020 will vary with our first social evening at The Federal Hotel on Kent Street. Maryborough each Friday evening from 5.30PM

January 2020

- 10th January. First Social Evening for 2020. 5.30PM at The Federal Hotel Kent St M/Borough
- 12th January First Social Ride for 2020. *Watch website for details*
- 25th January Tough Times Ride. Hosted by MACE Wide Bay. *Flyer with this newsletter*

February 2020

- 2nd February First February Day Ride. Heading Marcoola via Pomona
- 29th February. Suicide Awareness Ride. *See website for details*

Do you have ideas for rides? Email us E-mail: info@eatmyshorts.com.au

Interested in mid-week rides? E-mail: info@eatmyshorts.com.au
New rides are added in weekly so keep checking our website:
www.eatmyshorts.com. Or visit us on Facebook. Some of our day rides will have short notice but where possible these will be advertised.

New Merchandise

1. Stainless Steel Independent Necklaces \$20.00 **LIMITED STOCK!**



2. **NEW LOOK**
Independent Riders
Stubby Coolers Only
\$10.00



Patches – Independent Riders

These cloth patches and others now available. **Only \$9.00**

Banners and Flags are Again Available



Banner example above 2.6x1 metre (approx.). \$75 plus postage

Independent Sons of Bitches Shirts Version 4. (\$25)



Front

Our achievements to date

On the 27th of December 2013, Independent Riders Australia presented its first check of, \$1500 to Spina Bifida Hydrocephalus Qld. On Saturday 20th December 2014 we signed our last cheque for 2014, bringing our total donation of cash, services and goods for the twelve-month period to: **\$22,324.85**. December 2017 saw this amount exceed \$90,000 and by December 2019 this amount exceeded \$150,000.



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INDEPENDENT RIDERS INDEPENDENT RIDERS

DARLING DOWNS

For those interested in attending Darling Downs events their two contacts are: Jol and Shanelle Clark: 0419 746097 and 0409 762374

They can also be e-mailed on:

darlingdowns@eatmyshorts.com.au and have their own ride calendar on the Independent website, as well as their own Facebook Page, search "Independent Riders Darling Downs."

CAPRICORN COAST

For those interested in attending Capricorn Coast events contact is: Debbie Foster: 0421 114630.

Debbie can also be e-mailed on:

capricorncoast@eatmyshorts.com.au and have their own ride calendar on the Independent website, as well as their own Facebook Page, search "Independent Riders Capricorn Coast"

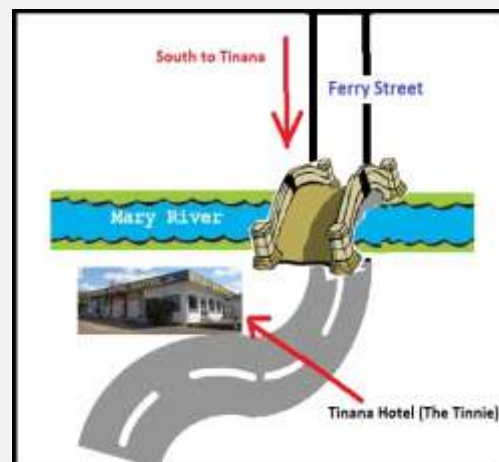
INDEPENDENT RIDERS MORETON BAY

For those interested in attending Moreton Bay events their two contacts are: JanCunningham:0408 744219and Kevin Cunningham:0408 744219.

Jan and Kevin (Batman), can also be e-mailed on:

windinmyhair@eatmyshorts.com.au and have their own ride calendar on the Independent website, as well as their own Facebook Page, search "Independent Riders Moreton Bay"

Directions to Tinnie Hotel Maryborough



Help us help others. Need more info?

E-mail: info@eatmyshorts.com.au

www.eatmyshorts.com.au

PO Box 261 Howard QLD 4659
PH: 0409 575284
E:-mail: info@eatmyshorts.com.au

No Bullshit, No Politics

Find us on the Web:
www.eatmyshorts.com.au



INDEPENDENT
Fraser Coast
Riders



Fraser Coast Toy Run 2019

We have a limited supply of left over shirts
only \$15

FRIDAY NIGHT SOCIAL EVENINGS – VARIOUS LOCATIONS

Social nights at The Tinnie for January 2020 listed below:

Friday 10th of January Federal Hotel Maryborough
Friday 17th of January Granville Hotel
Friday 24th of January Maryborough Cricket Club
Friday 31st January Tinana Hotel (Tinnie)

From 5.30PM ish each Friday evening

Brought to you by eatmyshorts.com.au

Fraser Coast Toy Run 2019 Results

- **WHEN:** Sunday 1st December 2019

DETAILS: Amount raised: \$17,900.00. Registrations: 409

Raffle Results:

1. 43" Smart TV. M. Warren
2. \$200 Cash Dave Keevers
3. \$50 Voucher Tom McRae
4. \$25 Cash Dave Keevers
5. Gift Box Peter (MBS)
6. Swag (Value \$350) A Berry
7. \$100 MBS Voucher Alex Naydene
8. \$50 Cricket Club Voucher Denise
9. Service Voucher Tara Mugford
10. Wilko Pro Shine Ray
11. Manpack/Medcar Voucher Denise
12. Massage (1 Hour) Eddie B
13. \$50 Michael Hill Voucher Niall Foster
14. Wine Pack Don Peters
15. Paint Doctor Prints Des Marriot
16. Wine and Charger Deb (Miners Arms)

Thank you for supporting the Fraser Coast Toy Run.

7th Annual Independent Riders Poker Run

- **WHEN:** Saturday 7th March 2020
- **DETAILS:** Registration from 8.30AM departing 9.30AM. Registration is \$20.00 which includes an embroidered event patch. 1st, 2nd and 3rd cash prizes. More details shortly.
- Route and starting point will be available shortly.
- Cars and bikes are invited with all proceeds going towards care packages for Australian troops deployed overseas. In 2019 we sent 108 care packages and plan to double that figure in 2020. Need more information, please contact Julie 0400 690981 or Michael 0409 575284.

6th Annual 3 Day Pub Run

- **WHEN:** 2nd-4th May 2020

7th Annual Show and Shine

- **WHEN:** 17th May 2020

Other projects heading into 2020

We have a number of exciting projects to consider moving into 2020:

- Suicide prevention/education. More details as we move to 2020
- Support Our Community Fraser Coast INC Art Competitions 2020
- Sand Drag Bike. Bike currently at mechanics
- Support Independent Riders Workshops
- HISS = Homeless Independent Support Services Details 2020
- And of course, some **EXCELLENT** rides!!!
- Care Packages for Aussie Troops. **108 sent April 2019**
- Need more details? E-mail: info@eatmyshorts.com.au



Red writing (location) initially Fraser Coast or Australia.
 Option for Capricorn Coast or Brisbane
 Waiting on final pricing for fitted and long sleeve options
 Positioning of logo may alter slightly.

Shirts now available from \$25 short sleeve, \$35.00 Long Sleeve. Singlet's also available



NAVY



BLACK



Embroidered Dress Shirts AND Hoodies available - By order only Enquiries 0417 215978

New Patches

Some of our embroidered patches. From \$6.00 to \$7.00 per piece See Julie 0417 215978



If you are interested in coming along to any of our advertised events or need more info, please contact Julie or Michael at info@eatmyshorts.com.au or mobile 0400 690981 or 0409 575284

ALL PATCHES AVAILABLE IN: AUSTRALIA, DARLING DOWNS, MORETON BAY, BRISBANE, FRASER AND CAPRICORN COAST
EACH FRIDAY 5.30PM - TINANA HOTEL TINANA



OUR COMMUNITY FRASER COAST INC IA58583

Our Community Fraser Coast Inc IA58583 (OCFC), is a Not for Profit organisation and an initiative of Independent Riders Australia with support from other community minded groups here on the Fraser Coast. OCFC provides several services to the local community including free advertising and promotion on their website, for like, minded groups as well as assistance promoting charitable events.

The main focus however of OCFC is to work with other local organisations/institutions to promote and recognise the achievements of our disadvantaged and disabled. In 2019 clients of Fraser Coast Family Networks not only attended the Fraser Coast Toy Run but were actively



involved, clearly demonstrating their ability to be involved in major events.

2019 Art Competition Winner. This years winner was Caroline Minnegal, pictured centre in this pictured. Caroline will also be our Disability Ambassador for 2020 and will be invited to various events including a presentation to our major sponsors, where

Caroline will present certificates of appreciation as well as one of her shirt designs. We expect to have this presentation, hosted by Fraser Coast Regional Council in late January or early February 2020.



Medals presented to 1st, 2nd and 3rd winners

At this stage funding is limited however the aim is to hold 2-3 similar events with other organisations, here on the Fraser Coast. If you feel your organisation may benefit from this initiative contact either Michael 0409 575294 or Tammy 0439 649456.

The website unfortunately is still a work in progress however will continue to work on this in the coming months. The website located at: www.ourcommunityfrasercoast.com.au is still under construction.



Picture (left), of art competition participants wearing Caroline's design at the 2019 Fraser Coast Toy Run.

INDEPENDENT RIDERS WORKSHOPS IA58897

The Latest from Eddie



Our workshop will be closed over the Christmas break, returning on Monday 6th of January 2020.

Workshop Manager: Eddie Cassar PH: 0400 488244
Bike Mechanic: Position Vacant
Office: Claire Feeney (*Acting*)
Mentors: Wayne and Brett
Students: Kevin, Travis and Kurtis.

Shane Muller from The Bikers Brew is kindly supporting this venture. Bikers Brew is on the corner of Walker and Ferry St's Maryborough, (the old Shamrock). If you are in town pop in and say 'hi', check out the bikes, old and new, or enjoy a coffee, drink, snack or meal. By doing this we support local business who support us.



Contact Eddie on 0400 488244 for more details on the workshop. Workshop direct at: 07 41213010

VOLUNTEERS NEEDED

Volunteers are essential to the success of the workshops and our ability to help and guide our youth towards a positive future. If you have spare time, want to give back to our community while providing our youth direction from your learned skills and experiences; then do we have a deal for you.

We are in need of volunteers who will be trained as mentors for our students, skills in any metal craft, including welding, bicycle mechanics, small motors or similar then please contact Eddie on 0400 488244. In return we offer a friendly environment, where your experience can make a difference and training is provided.

A Positive Notice Bluecard is a legislative requirement for our volunteers however we can organise this for you and there is no cost.

Located at 276 Kent Street Maryborough. Motorised scooters can be custom made and ordered, ask Eddie how/costs etc. It is believed that with support. these workshops will provide opportunities of employment for our youth.



New Workshops and store front – 276 Kent Street Maryborough 4650













We are running at a fast pace at this moment. Our new starter Claire Feeney who is blending in very well, showing initiative to work hard and has even taken up the brush on the murals which are being painted on the shop's walls. We also have another new member; Kevin Charles Kingswell. Kevin is a teacher who is registered with the Queensland College of Teachers No 867453. Kevin will be taking up the roll of teaching literacy and numeracy to our students.

PICTURES FROM DECEMBER 2019



DECEMBER PICTURES WITH INDEPENDENT RIDERS

Fraser Coast Toy Run 2019

		
Santa's ride arrives at the start of 2019 toy run	Some of the cars/trucks arriving #1	Some of the cars/trucks arriving #2
		
More arriving	409 Registrations	\$17,900 in cash and goods raised
		
Riders coming in off Walker Street	Queensland Rural Fire Brigade Lead the procession	Last stop – Miners Arms Torbanlea
		
Cheque presented to MACE Wide Bay	Fraser Coast Family Networks entertain the crowd	Caroline – Disability Ambassador 2020



PIC #1 – 4. Fraser Coast Toy Run 2019. Community Collaboration at its best!

DECEMBER PICTURES WITH INDEPENDENT RIDERS

Out and about on the Fraser Coast



Picking up Santa for FCFN Christmas Party



Volunteers from Independents and MACE Wide Bay



Santa arriving at Family Networks Xmas Party



Fraser Coast Family Networks Christmas party



Cheque presentation, Disability Ambassador - Caroline



Alex in his box at The Grand - Howard



Beer time at Apple Tree Creek



Gympie Toy Run 2019 #1



Gympie Toy Run 2019 #2



Happy Hour at The Grand Hotel Howard



Catchup at Torbanlea Roadhouse



Angel wins banner at Fraser Coast Xmas Party

DECEMBER PICTURES WITH INDEPENDENT RIDERS

Out and about with Capricorn Coast. Darling Downs and Moreton Bay



Jol (Left) Da



Cruz collected toys for Ronald McDOnal House



Cruzin 4 Cruz



Last stop Byfield Ride



Out and about – Capricorn Coast #1



Out and about – Capricorn Coast #2



Capricorn Coast Christmas Lunch #1



Capricorn Coast Christmas Lunch #2



Capricorn Coast Christmas Lunch #3



Brisbane Moreton Bay

HOW TO SUPPORT MACE

Message from MACE Wide Bay Committee

To all that are thinking of or have thought of becoming a MACE member ,Supporter or a helper.



1. You must be eligible for a Positive Notice blue card .
M.A.C.E. will assist with that
2. You must attend at least 3 meetings and help at awareness days or functions. At this stage a Full Member will become your sponsor. You will become an Associate member and you can stay an Associate or stay as a supporter as long as you like. These two categories cannot work directly with Children or represent M.A.C.E. without a full member being present
3. To become a full member will take a minimum of (12) twelve months. This period is so as you can learn our policies , procedures and rules of engagement with children.

There are two ways.

- (1) you own or have access to a motorbike capable of highway speeds
- (2) a Full member takes you on as a pillion on his or her bike . If you think M.A.C.E SMC is something that you would like to do please contact us Via Facebook or Email [.mailto:barra@maceaustralia.com](mailto:barra@maceaustralia.com)



This Month's Humor and Quotes



What a woman with a bit
of extra meat means in



DID YOU KNOW SEMEN
COMES OUT AT 20 MPH?

CAROL
DIDN'T.



Thankyou to our sponsors



Maryborough



Hans The Paint Doctor



Stockland
it's your place



Tinana Hotel (The Tinnie)



Harvey Norman



Fraser Coast
REGIONAL COUNCIL



Centre Management Station Square Maryborough, Kelly's Nails, The Butcher Shop Tinana, Maryborough Eykandi Artworks and Photography, Arthouse Northside, Wilko's Pro Shine

ANNUAL TOUGH TIMES RIDE 2020

Saturday 25th January 2020
United Service Station Eli Waters

Registration from 9.00am
Stands up 10.00am

Registration \$10.00
Raffies, cash prizes

Route and other details
available shortly.



All proceeds going to a local biker or biker family in need



**ANNUAL TOUGH TIMES RIDE. THIS YEAR HOSTED BY MACE WIDE BAY
MORE DETAILS INCLUDING ROUTE SHORTLY**

CONONDALE RALLY



2019

LET THE GOOD TIMES ROLL



MARCH 22th 23th & 24th

Held at **Green Park Conondale**

Come along to the Rally and enjoy the **Z OWNERS** legendary hospitality
All enquires email zownersqld@hotmail.com

Check out our website www.zownersqueensland.com

You can also follow us on



FRIDAY !

- † Rally opens
- † Bar open 12 noon to 12 am
- † Music and Dinner

SATURDAY !

- † Breakfast/Lunch/Dinner
- † Show and shine
- † Rally trophies
- † Motorized Gymkhana
- † Multi-draw raffle
- † Live Band **TRIPLICKIT**
- † Bar open 10am to 12 am

SUNDAY !

- † Breakfast
- † Recovery
- † Rally closed 12 noon



Absolutely.... NO GLASS, NO DOGS!

DISCLAIMER

All motorcycle events and rallies hold some element of risk. Participation at Conondale 2019 Rally is at your own risk. The Queensland Z Owners will take all reasonable care however are not responsible for any loss of property or personal injury.

FOR SALE #1



2018 HARLEY-DAVIDSON FREEWHEELER \$34000

Wild Red Paint

This is your perfect opportunity to get on to a Harley-Davidson Trike with Low Kilometres (11k)and in extremely good Nic for a fraction of the New Price. Genuine reason for sale.

- Still under new bike warranty and fitted with many extras.
- This bike has been well maintained and looked after it has been fitted with:-
- Tinted windshield
- Ultimate Seat" imported from the U.S.
- Engine guard and highway pegs
- Harley risers
- Cooling fan
- Oil temp and volt meters
- Rear luggage rack
- Pillion and Rider backrests
- Plus more, all original parts supplied with the bike



Phone: Dave 0417711727 if interested

WHERE OUR MONEY, GOODS AND RESOURCES GO

Charities and Community Groups - Supported since 2013 B.A.C.A. - Bikers Against Child Abuse Beyond Blue (Through Gonski Hotel) Black Dog 1 Day Ride (both Mundberg & Fraser Coast) Buy a Bale (helping farmers) CDM Australia (Congenital Dysplastic Hernia) Fraser Coast Family Network Fraser Coast Wildlife Sanctuary IRL's Journeys Leukemia Foundation (Ugly Girl T-shirt) M.A.C.E. Central Queensland M.A.C.E. Wide Bay Maryborough Animal Refuge Motor Neurone Disease Assoc Qld Prostate Cancer Research Royal Flying Doctor Service Spina World Hydrocortisone Qld State Emergency Service (SES) Fraser Coast Teenage Rural Fire Brigade																																																		
Schools supported since 2013 Arbridge State High School HPV Kandanga State School Parka State School P&C (Centenary) Riveride Christian College HPV																																																		
Misc donations and individuals supported since 2013 Woodpeck Flight Peter & Alex Maryborough Rainbow Girls/Hor & Alex																																																		
Protocols Support for 2018/2020 Fraser Coast Family Network MNCE Wide Bay Tough Times Ride 2019 Carr Packages Aussie Troops - 2018 Poker Run HPV/Tec Challenge - IRL District State High School Our Communities Australia																																																		
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Charities and Community Groups Supported since 2013 - 30 Jun 2019 <table> <tr> <th>Key</th><th></th><th></th></tr> <tr> <td>Navy Cadets</td><td>AC</td><td>\$</td></tr> <tr> <td>Banner Donations</td><td>BD</td><td>\$</td></tr> <tr> <td>Care Packages (Millers)</td><td>CP</td><td>\$</td></tr> <tr> <td>Rest Autism & Aspergers N/W</td><td>AAA</td><td>\$</td></tr> <tr> <td>Black Dog 1 Day Ride</td><td>BD1</td><td>\$</td></tr> <tr> <td>Buy a Bale (Norett Bay)</td><td>BB</td><td>\$</td></tr> <tr> <td>Fraser Coast Family Network</td><td>FCFN</td><td>\$</td></tr> <tr> <td>Fraser Coast Wildlife Sanctuary</td><td>FCWS</td><td>\$</td></tr> <tr> <td>Local Drug Action Team/TESS</td><td>CDAT</td><td>\$</td></tr> <tr> <td>Misc Support/Donations</td><td>MISC</td><td>\$</td></tr> <tr> <td>IRL District State High School</td><td>DSH</td><td>\$</td></tr> <tr> <td>M.A.C.E. Wide Bay</td><td>MWB</td><td>\$</td></tr> <tr> <td>Queensland Bikers Cam</td><td>QB</td><td>\$</td></tr> <tr> <td>Tough Times Ride</td><td>TRR</td><td>\$</td></tr> <tr> <td>Total</td><td><5</td><td>28,888.98</td></tr> </table>			Key			Navy Cadets	AC	\$	Banner Donations	BD	\$	Care Packages (Millers)	CP	\$	Rest Autism & Aspergers N/W	AAA	\$	Black Dog 1 Day Ride	BD1	\$	Buy a Bale (Norett Bay)	BB	\$	Fraser Coast Family Network	FCFN	\$	Fraser Coast Wildlife Sanctuary	FCWS	\$	Local Drug Action Team/TESS	CDAT	\$	Misc Support/Donations	MISC	\$	IRL District State High School	DSH	\$	M.A.C.E. Wide Bay	MWB	\$	Queensland Bikers Cam	QB	\$	Tough Times Ride	TRR	\$	Total	<5	28,888.98
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Money Donated for 2018 Fraser Coast Toy Run As at 31 December 2018																																																		
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Notes: Amounts above will change between Sept-Dec each year. Independent Riders understand this is an important time and as such proceeds from the Fraser Coast Toy Run are passed on to beneficiaries as the money is raised. In previous years around \$2000 is passed on prior to the event. This amount comes from the proceeds of the Toy Run Stall that runs from September to December each year at Station Square. Final amounts will include cash, goods and services																																																		
Breakdown - Fraser Coast Toy Run 2019 <table> <tr> <th>Expenditure</th><th></th><th>Event Status</th></tr> <tr> <td>Savage Saddle Toy Run 2019</td><td>\$</td><td>Donated by Murrumbidgee Bay</td></tr> <tr> <td>Guest Patches</td><td>\$</td><td>210.00</td></tr> <tr> <td>Entertainment</td><td>\$</td><td>Pay for</td></tr> <tr> <td>Merchandise</td><td>\$</td><td>Expenses absorbed by Independent Riders</td></tr> <tr> <td>Total Expenses</td><td>\$</td><td>210.00</td></tr> <tr> <td>Other Expenses</td><td>\$</td><td>Expenses absorbed by Independent Riders</td></tr> <tr> <td>Total Expenses</td><td>\$</td><td>27,700.00</td></tr> <tr> <td>\$68,889</td><td>\$</td><td>Amount present to F/Coast Wildlife Sanctuary</td></tr> </table>			Expenditure		Event Status	Savage Saddle Toy Run 2019	\$	Donated by Murrumbidgee Bay	Guest Patches	\$	210.00	Entertainment	\$	Pay for	Merchandise	\$	Expenses absorbed by Independent Riders	Total Expenses	\$	210.00	Other Expenses	\$	Expenses absorbed by Independent Riders	Total Expenses	\$	27,700.00	\$68,889	\$	Amount present to F/Coast Wildlife Sanctuary																					
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Independent Riders, Lancers Qld, MNCE Wide Bay, Community Raffle, MNCE, IRW, Lancers, Independent Riders Returns to Benefactor = 100%																																																		
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Independent Riders Australia – Supporting our communities

HELPING WITH CARE PACKAGES

What is a Care Package?

A care package is a parcel containing a variety of products that is sent to Australian Troops who are deployed overseas. These packages can contain a variety of products, some of which are listed below.

Funds raised and goods collected from our March 10 Poker Run went towards 60 care packages that were put together on March 24 and sent to our troops on the week ending 1 April 2018. Our plan is to continue collection of goods through 2018 until our poker run in 2019. Depending on goods collected we hope to send a further 20 care packages every couple of months during 2018/19 and a further 80 packages from proceeds of our 2019 Poker Run.

We currently have collection bins at Wilcox Bikes, Alice St Maryborough, Under the Gun Tattoos, Kent St Maryborough The Tinana Hotel Tinana and Fraser Coast Family Network Adelaide St Maryborough, with more added in Hervey Bay shortly. Goods and donations can be dropped off at these locations, products aren't expensive but will mean a lot to our troops.

List for what can go in a Care Packages, anything that you would like to receive from home! Note: If we keep the boxes under 2kg the military will send for nothing.

Sorry

No glass jars or aerosol cans

- Razors
- Roll on deodorants
- Chap sticks for lips
- Shampoo and conditioner (Small)
- Sunscreen. (Small)
- Baby wipes. (Wash)
- Body wash
- Eye drops
- Tooth paste or Tooth Brush
- Timtams
- Lollies
- Noodles
- Vegemite
- Peanut paste
- Muesli bars

- Milo ,
- Coffee, (small packets)
- Tea
- Nutella
- Cookies
- Nuts
- Gum
- Dried fruit
- Note books
- Biro's
- Puzzle books
- Playing cards. UNO cards, dice
- Magazines. (car books , bikes others that would be interesting, national geographic books, calendars) etc

There is heaps more you can add in however if you are unsure or would like more information or have goods that could be used, then contact: Julie on 0400 690981 or Michael on 0409 57528.

So next time you are doing your shopping, pop in a little extra. Thank you.

Feel Like a Chat?

Flourish Australia Hervey Bay

**Phone 1800 WE LISTEN
(1800 9354 7836)**

1800 WE LISTEN is Flourish Australia's Peer WarmLine which commenced operation on July 1, 2012.

When you call **1800 WE LISTEN**, you will be speaking to someone who has a mutual understanding of mental illness. Flourish Australia staff combines their own experiences with extensive training to provide you with the support you request.

1800 WE LISTEN is not a crisis service, it is simply a number you can call when you want to have a chat, knowing that someone who is successfully managing their own recovery will be there to listen and share experiences.

