January 2020 | Newsletter



[Volume 8, Issue 01]



Our Aim

To support our community, to provide a free newsletter to motorcycle enthusiasts that includes current rides and events as well as ride and pub reviews as well as photos of recent rides/events. Poker run and other event flyers can be published in this newsletter, irrespective of group, provided it has a charitable focus. E-mailing details to info@eatmyshorts.com.au

The advertising of your <u>business</u> or "for sale" items in this newsletter or on our website will attract a small charge to be donated to one of the many charities we support. For the website and newsletter to be successful, we welcome news stories, reviews and other contributions from groups and individuals.

About us

Independent Riders is not a club. We are a group of individuals who believe in the enjoyment and freedom obtained through motorcycle riding without the restrictions and politics associated with membership and imposed by "committees" of clubs/associations. Independent Riders have a charitable focus but as true 'Independents' we have no President, Secretary, Founding members or other similar position and the opinion of each person is considered equal. We do however have moderators on the website and Facebook page and one person chosen to be our Public Relations Officer. The role of this person is to promote our worthwhile and charitable causes and social events.

The wearing of Independent Rider merchandise (cloth patch, sticker, banner etc) does not equate to membership but rather a statement to indicate the person/persons belief in the concept of "The Independent Rider". Those who believe in the "Independent" concept are welcome to purchase and wear any of our patches or merchandise with our logo including our banners. Minimal amounts from sales are needed to help purchase new stock and cover basic administrative expenses, most money raised from merchandise sales go to various charitable organisations including: Fraser Coast Family Networks and Fraser Coast Wildlife Sanctuary.

Where possible, we provide experience and support with fundraising events for other groups/clubs by assisting with co-ordination, promotion or organising/designing promotional material including banners, patches etc. We believe that as a united force, bikers have the ability to provide positive direction within our community and be the leaders our community so desperately need. E-mail us for details in foreatment or miket 60 @bigpond.net.au

Brought to you by eatmyshorts.com.au

Contents

Charial Interest Articles

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About Us	1
Where to find us	2
Summer 2020	2
Fundraising /Raffles	3
Cap/ Coast/Mtn Bay, D/Downs	3
IR Poker Run 2020	4
IR Pub Run 2020	4
IR Show and Shine 2020	4
Merchandise and other bits	5
Our Community Fraser Coast	6
Independent Riders W/shops	7
December Photo's	8 - 12
Interested in MACE?	13
Humor for the month	14
Our Sponsors	15
Advertised Rides	16-20
Items for sale	21
Where our money goes	22
Help us with Care Packages	23
What is Flourish and Media	24

Postal Address

Independent Riders Pty Ltd PO Box 261 Howard QLD 4659

Capricer Coast Capricer Coast Fraser Coast Independent Branches Phonococh 12 h 50 min 120 h 50 min Moraton Bay

Where are Independent Riders?

Independent Riders have supporters as far south as the Gold Coast and to the north Cairns with the odd supporter in most Australian states and territories. While spread around our main contact points are Brisbane (Moreton Bay), Fraser and Capricorn Coast with a new addition Darling Downs, (Branches and contact details provided in this newsletter.

If you have a ride/event let us know and it will go either in the next addition of this newsletter and/or our website. If you know of good pubs, camping, have some great photos/stories or just want to go on our mailing list e-mail Independent Riders at info@eatmyshorts.com.au Visit our website www.eatmyshorts.com.au for more information on what we get up to as well as over a decade of pictures.

Meet us for a drink and a laugh at one of our Friday Social Nights, from 5.30pm onwards. Venue details at the bottom left of page 4. Hope to see you there

Until next time, stay safe... Independent Riders

We can be found each Friday afternoon / evening from around 5.30 PM at The Tinana Hotel, The Tinnie, just over The Lamington Bridge in Tinana. We are usually located near the bar or on warm days out front in the garden bar. During winter, we softies will be in side to stay warm ©

We usually have a few drinks, have a feed or head off somewhere else for dinner. We also discuss any future rides. If you feel like a chat, come down and see us.

Other upcoming Rides for 2020

- 7th Mar Annual Independent Poker Run
- 22-24 Mar Conondale Rally
- 2-4 May Annual 3 Day Pub Run
- 17th May Independent Show and Shine
- 6th Dec Annual Fraser Coast Toy Run

Rides can sometimes be very "last-minute" and sometimes get finalised over a beer on a Friday night so please ask to join our Facebook page: Independent Riders Fraser Coast.



Summer 2020

Social nights for 2020 will vary each week, our social evening list can be seen on the bottom left
of page three (3), Our social evenings in Maryborough occur each Friday evening from 5.30PM,
all are welcome.

February 2020

- 2ndFebruary First February Day Ride. Heading Marcoola via Pomona
- 15th February Day ride to Lowmead. See website for details
- 29th February. Suicide Awareness Ride. See website for details

March 2020

- 7th Mar Annual Independent Poker Run (*Flyer with this newsletter*)
- 14th March SOTSC Car and Bike Show (Flyer with this newsletter)
- 13-15th March Conondale Rally (*Flyer with this newsletter*)

Do you have ideas for rides? Email us E-mail: info@eatmyshorts.com.au

Interested in mid-week rides? E-mail: info@eatmyshorts.com.au

New rides are added in weekly so keep checking our website:

www.eatmyshorts.com. Or visit us on Facebook. Some of our day rides will have short notice but where possible these will be advertised.

New Merchandise

1. Stainless Steel Independent Necklaces\$20.00 LIMITED STOCK!





2. NEW LOOK Independent Riders Stubby Coolers Only \$10.00





Patches – Independent Riders

These cloth patches and others now available. Only \$9.00

Banners and Flags are Again Available



Banner example above 2.6x1 metre (approx.). \$75 plus postage

Independent Sons of Bitches Shirts Version 4. (\$25)



Front

Our achievements to date

On the 27th of December 2013, Independent Riders Australia presented its first check of, \$1500 to Spina Bifida Hydrocephalus Qld. On Saturday 20th December 2014 we signed our last cheque for 2014, bringing our total donation of cash, services and goods for the twelve-month period to: December 2017 saw this amount exceed \$90,000 and by \$22,324.85. December 2019 this amount exceeded \$150,000





INDEPENDENT RIDERS INDEPENDENT RIDERS **DARLING DOWNS**

For those interested in attending Darling Downs events their two contacts are: Jol. and Shanelle Clark: 0419 746097 and 0409 762374

They can also be e-mailed on: darlingdowns@eatmyshorts.com.auand have their own ride calendar on the Independent website, tas well as their own Facebook Page, search "Indpendent Riders Darling Downs.

CAPRICORN COAST

For those interested in attending Capricorn Coast events contact is: Debbie Foster: 0421 114630.

Debbie can also be e-mailed on: capricorncoast@eatmyshorts.com.auand have their own ride calendar on the Independent website, tas well as their own Facebook Page, search "Indpendent Riders Capricorn Coast"

INDEPENDENT RIDERS MORETON BAY

For those interested in attending Moreton Bay events their two contacts are: JanCunningham: 0408 744219and Kevin Cunningham: 0408 744219.

Jan and Kevin (Batman), can also be e-mailed on: grayanproud@gmail.comand have their own ride calendar on the Independent website, tas well as their own Facebook Page, search "Indpendent Riders Moreton Bay"

Preferred pubs as of January

White Lion Hotel Corner Walker & John Sts Maryborough Biker friendly, Reasonably priced drinks, Aircon for those hot summer days/nights, Garden bar

> Maryborough Cricket Club Ariadne St Maryborough Cheap drinks, Good food, Air Conditioned

Federal Hotel Kent St Maryborough Great food, Biker friendly, Bottle beers a bit exe. Great northern stubbies \$7.00

To be reviewed. Granville Hotel, Oxford Hotels Maryborough

Help us help others. Need more info? E-mail: info@eatmyshorts.com.au

www.eatmyshorts.com.au

PO Box 261 Howard QLD 4659 PH: 0409 575284

E:-mail: info@eatmyshorts.com.au

No Bullshit, No Politics

Find us on the Web: www.eatmyshorts.com.au







Fraser Coast Poker Run 2020 All sizes V Neck and Round Neck only \$30

7th Annual Independent Riders Poker Run

- WHEN: Saturday 7th March 2020
- **DETAILS:** Registration from 8.30AM departing 9.30AM. Registration is \$20.00 which includes an embroidered event patch. 1st, 2nd and 3rd cash prizes. More details shortly.
- Route and starting point will be available shortly.
- Cars and bikes are invited with all proceeds going towards care packages for Australian troops deployed overseas. In 2019 we sent 108 care packages and plan to double that figure in 2020. Need more information, please contact Julie 0400 690981 or Michael 0409 575284.

6th Annual 3 Day Pub Run

- **WHEN:** 2nd-4th May 2020
- START: Starting at Oliver's (Old Sexie Coffee) 9AM for sa 9.30AM departure
- **COST:** \$15.00 includes embroidered event patch and lots of fun.

Day One. Apple Tree Creek first stop then to Agnes Water, then to Miriam Vale pub for lunch then Turkey Beach for the night. Route not yet confirmed.

Day Two. Route not yet confirmed.

7th Annual Show and Shine

- **WHEN:** 17th May 2020
- WHERE: Fraser Coast Wild Life Sanctuary 31 Mungar Rd Maryborough
- **COST:** Entrants in the show \$5, all others visiting, gold coin donation.

Details: 7.30am - 11.30am, winners announced 12.30am This event is open to both cars and motorcycles, with six car and six motorcycle categories. Coffee van on site, great food also available. Opportunities for trade stalls, contact Michael on 0409 575284 or Julie 0400 690981.

All proceeds from this event will go to the Fraser Coast Wild Life Sanctuary.

FRIDAY NIGHT SOCIAL EVENINGS - VARIOUS LOCATIONS

Social nights at The Tinnie for February 2020 listed below:

Friday 7th February White Lion Hotel Friday 14th of February Maryborough Sports Club Friday 21st February Federal Hotel Friday 28th of February Maryborough Cricket Club

From 5.30PM ish each Friday evening

Other projects heading into 2020

We have a number of exciting projects to consider moving into 2020:

- Suicide prevention/education. More details as we move to 2020
- Support Our Community Fraser Coast INC Art Competitions 2020
- Sand Drag Bike. Bike currently at mechanics
- Support Independent Riders Workshops
- HISS Homeless Independent Support Services Details 2020
- And ofcourse, some EXCELLENT rides!!!
 - Care Packages for Aussie Troops. 108 April 2019/200 for 2020
- Need more details? E-mail: info@eatmyshorts.com.au



Red writing (location) initially Praser Coast or Australia.

Option for Capricorn Coast or Brisbane
Waiting on final pricing for fitted and long sleeve options

Positioning of logo may alter slightly.

Shirts now available from \$25 short sleeve, \$35.00 Long Sleeve. Singlet's also available







Embroidered Dress Shirts AND Hoodies available - By order only Enquiries 0417 215978

New Patches

Some of ourembroidered patches. From \$6.00 to \$7.00 per piece See Julie 0400 690981









If you are interested in coming alongto any of our advertised events or need more info, please contactJulie or Michael atinfo@eatmyshorts.com.auor mobile 0400 690981or 0409 575284

ALL PATCHES AVAILABLE IN: AUSTRALIA, DARLING DOWNS, MORETON BAY, BRISBANE, FRASER AND CAPRICORN COAST EACH FRIDAY 5.30PM —SEE SCHEDULE BOTTOM LEFT OF PAGE 4



OUR COMMUNITY FRASER COAST INC IA58583

Our Community Fraser Coast Inc IA58583 (OCFC), is a Not for Profit organisation and an initiative of Independent Riders Australia with support from other community minded groups here on the Fraser Coast. OCFC provides several services to the local community including free advertising and promotion on their website, for like, minded groups as well as assistance promoting charitable events.

The main focus however of OCFC is to work with other local organisations/institutions to promote and recognise the achievements of our disadvantaged and disabled. Since 2018 we have hosted art competitions with the 2019 winner, Caroline, becoming our Disability

Ambassador for 2020



2019 Toy Run presentation to Sponsors and supporters of the event. On Thursday 20th February, 6-8PM Caroline will present certificates of appreciation as well as one of her shirts to our major sponsors and supporters. Thanks to Fraser Coast Regional Council we will be able to host the event at

The Hervey Bay Galleries. Invitations have gone out to our sponsors however if you are interested in attending contact Michael on 0409 575294. Light refreshments will be served on the evening.

Moving into 2020 we have several projects that we believe will provide opportunities for those with disabilities, to be actively involved. These projects include:

- Fraser Coast Toy Run Annual Art Competition
- > Exhibition of works for those with disabilities
- Develop small business model for those with disabilities.

With all this going on our website unfortunately is still a work in progress however will continue



to work on this in the coming months. The website located at: www.ourcommunityfrasercoast.com.au is still under construction.

Picture (left), of art competition participants wearing Caroline's design at the 2019 Fraser Coast Toy Run.

INDEPENDENT RIDERS WORKSHOPS IA58897

The Latest from Eddie



Shane Muller from The Bikers Brew is kindly supporting this venture. Bikers Brew is on the corner of Walker and Ferry St's Maryborough, (the old Shamrock). If you are in town pop in and say 'hi', check out the bikes, old and new, or enjoy a

coffee, drink, snack or meal. By doing this we support local business who support us.

Workshop Manager: Eddie PH: 0400 488244

Bike Mechanic:

Office: Claire (Acting) 07 4121 3010

Mentors: Wayne, Kevin and Brett Students: Kevin, Travis and Kurtis.



Contact Eddie on 0400488244 for more details on the workshop.

Workshop direct at: 07 41213010

During January the workshops played host to clients of Ftraser Coast Family Networks as part of their holiday care program. While it was a full on day their two days with us were a delight and look forward to a return visit next holiday break.



VOLUNTEERS NEEDED

Volunteers are essential to the success of the workshops and our ability to help and guide our youth towards a positive future. If you have spare time, want to give back to our community while providing our youth direction from your learned skills and experiences; then do we have a deal for you.

We are in need of volunteers who will be trained as mentors for our students, skills in any metal craft, including welding, bycicle mechanics, small motors or similar then please contact Eddie on 0400 488244. In return we offer a friendly environment, where your experience can make a difference and training is provided.

A Positive Notice Bluecard is a lergislative requirement for our volunteers however we can organise this for you and there is no cost.

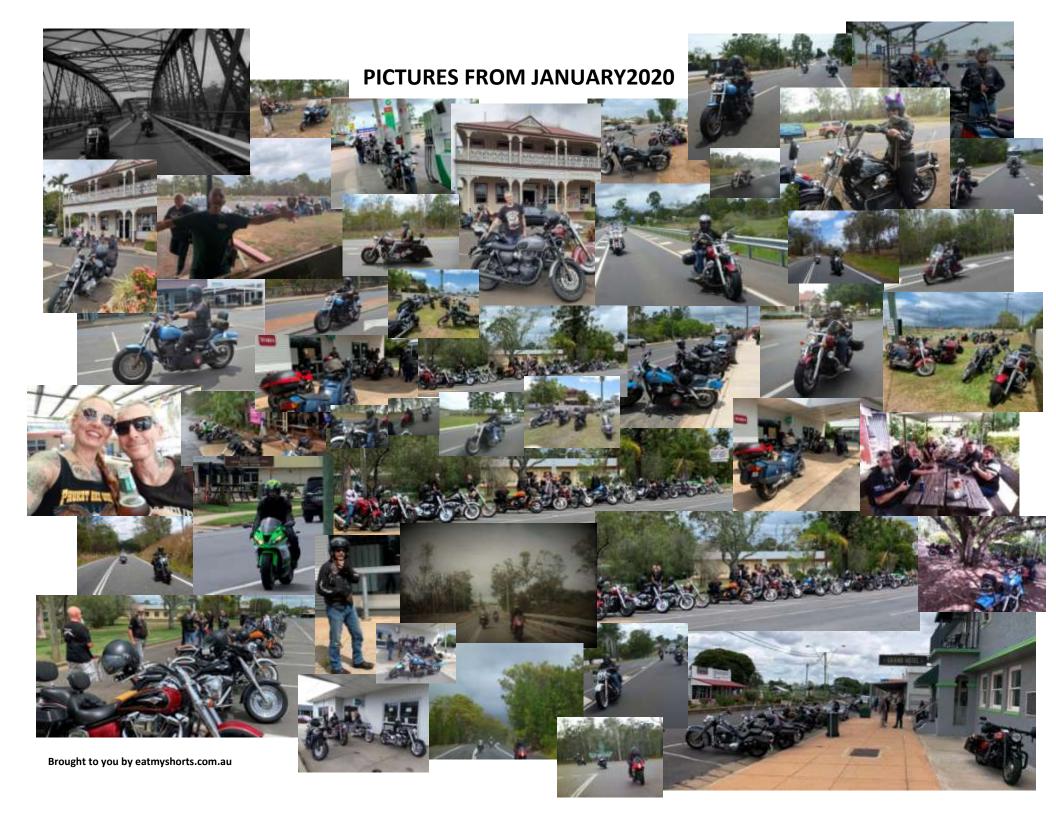
Located at 276 Kent Street Maryborough. Motorised scooters can be custom made and ordered, ask Eddie how/costs etc. It is believed that with support. these workshops will provide opportunities of employment for local youth.





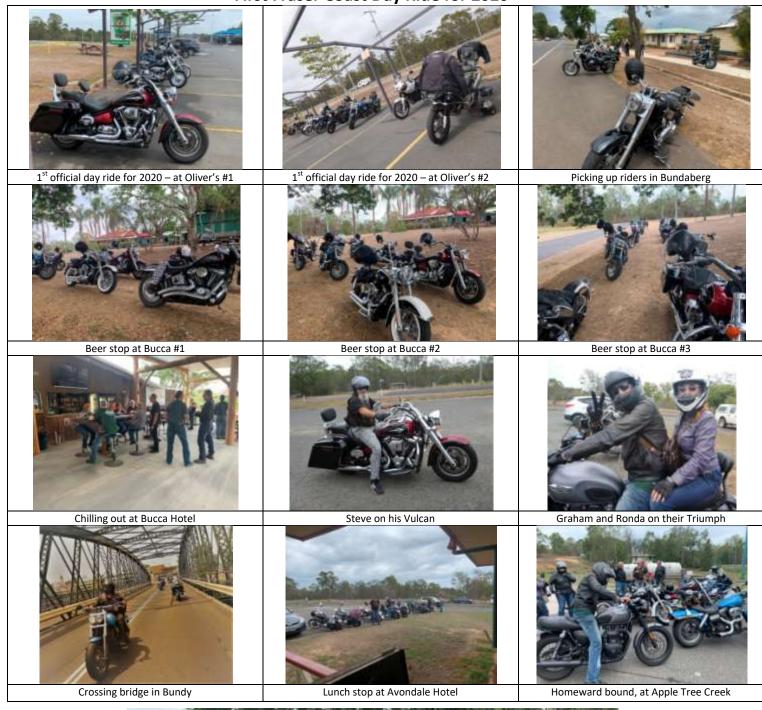
New Workshops and store front - 276 Kent Street Maryborough 4650

Here at Independent Riders Workshops, we are pleased to announce that we are open to teach Reading and Writing to all ages including adults. It has been brought to our attention that many people in the Fraser Coast Region are struggling with this skill. After talking to our teacher, we have decided to set up classes that will be available every day to those who need help. Please don't be shy, come in and give it a go. We are here for our community.



JANUARYPICTURES WITH INDEPENDENT RIDERS

First Fraser Coast Day Ride for 2020

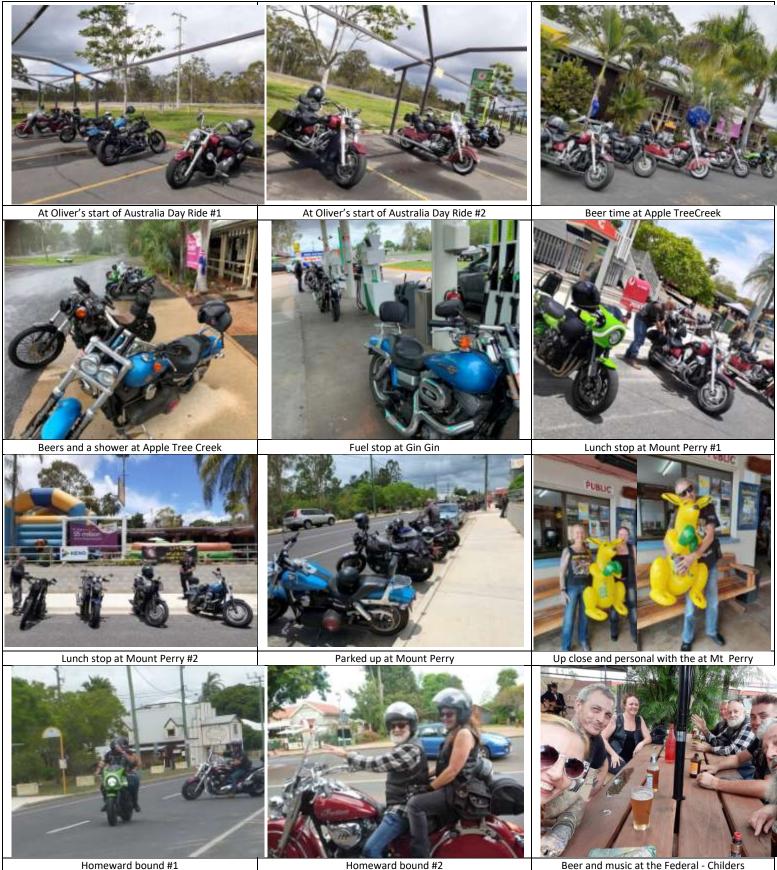




PIC #1 Parked up at Bucca Hotel

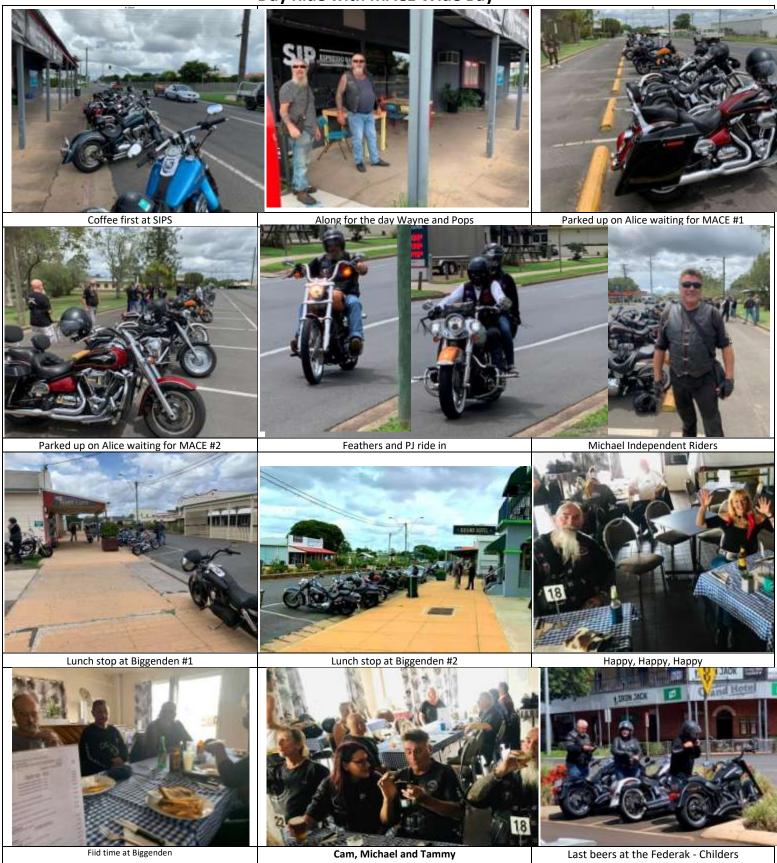
JANUARY PICTURES WITH INDEPENDENT RIDERS

Australia Day Rides – Fraser Coast



JANUARY PICTURES WITH INDEPENDENT RIDERS

Day Ride with MACE Wide Bay



JANUARY PICTURES WITH INDEPENDENT RIDERS

Out and about with Capricorn Coast. Darling Downs and Moreton Bay





First Day Rude for Capricorn Coast 2020 #1

First Day Rude for Capricorn Coast 2020 #2



First Day Rude for Capricorn Coast 2020 #3

HOW TO SUPPORT MACE

Message from MACE Wide Bay Committee

To all that are thinking of or have thought of becoming a MACE member , Supporter or a helper.

- You must be eligible for a Positive Notice blue card.
 M.A.C.E. will assist with that
- You must attend at least 3 meetings and help at awareness days or functions. At this stage a Full Member will become your sponsor.
 You will become an Associate member and you can stay an Associate or stay as a supporter as long as you like. These two categories cannot work directly with Children or represent M.A.C.E. without a full member being present
- To become a full member will take a minimum of (12) twelve months. This period is so as you can learn our policies, procedures and rules of engagement with children.

There are two ways.

- (1) you own or have access to a motorbike capable of highway speeds
- (2) a Full member takes you on as a pillion on his or her bike. If you think M.A.C.E SMC is something that you would like to do please contact us Via Facebook or Email .mailto:barra@maceaustralia.com





IF MEN NAMED EYE SHADOW COLORS:



A man sunbathes in the nude and burns his penis. His doctor tells him to dip it in a saucer of milk to ease the pain. Later his blonde wife comes home to find him with his willy in the saucer of milk. F**k me she remarks. I always wondered how you reloaded those things.

Paddy says "Mick, abrador.

""f*ck that" says Mick"have you seen how many of their owners go blind"

Tell us Doctor, is it a boy or a girl?



We're no longer allowed to assume the gender. Definitely has a dick though.



"Masturbation hurts."

Edward Scissorhands

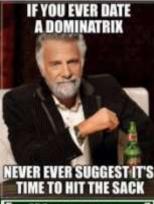
Iwari Stunned



Marriage Tip #2 When your wife is mowing the lawn, that's not the best time to ask when dinner will be ready







If I am ever on life support, unplug me... Then plug me back in.. See if that works...



Peter, 33, Gentleman. Asks politely for anal sex.

What a woman with a bit of extra meat means in



Thankyou to our sponsors



















Maryborough























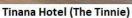






















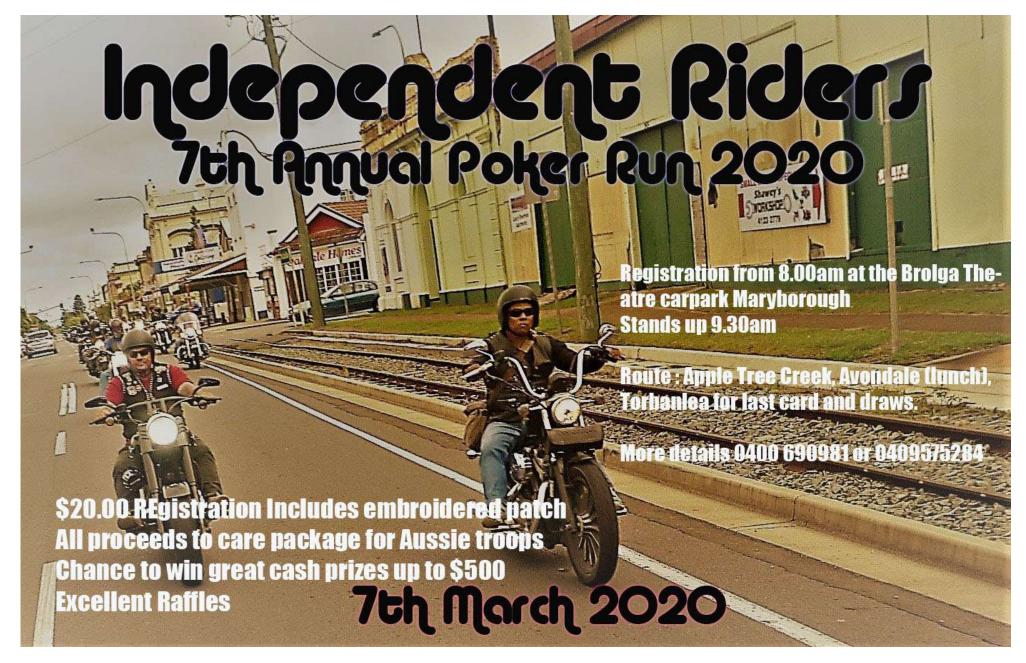






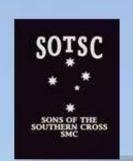


Centre Management Station Square Maryborough, Kelly's Nails, The Butcher Shop Tinana, Maryborough Eykandi Artworks and Photography, Arthouse Northside, Wilko's Pro Shine



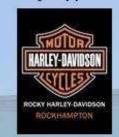
7TH ANNUAL INDEPENDENT RIDERS POKER RUN 2020

ROUTE: APPLE TREE CREEK, AVONDALE, (LUNCH), TORBANLEA (LAST CARD)



Sons of the Southern Cross Rocky Chapter Car & Bike Show

Proudly supported by:



Saturday 14th March 2020

Kabra Pub, Capricorn Highway

OVEN FRESH

Gates open at 12 \$5 Admission (under 15 free)

15 Categories Prizes
Bike Burnout Comp
Entrants in by 10am
\$10 early entry fee or
\$15 entry on the day





For more information and early entry contact: Barney: 0427 548 381 or Digger: 0400 339 863 Proceeds from event will be donated to:





Live Music until late
Food & Drinks
Kids Activities
Numerous Raffle Prizes
Free Camping

Breakfast & Coffee Sunday Courtesy Bus

Gladstone All Bike Classic



Brought to you by:



Historical Motorcycle Club QLD - Gladstone

Bike Show Easter Weekend

April 11th & 12th

Saturday 9am - 8pm Sunday 9am - 3pm

with secure display area Friday through to Monday

Gladstone PCYC

53 Yarroon St, Gladstone Central Heaps of Classes to enter!

From Vintage to Modern, Road and Dirt

Something for all Bike Owners! Gold Coin Donation for Entry

Free to Display

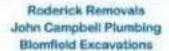
Interested in displaying your rare and interesting motorcycles?

Contact Peter: 0437 426 347 or Steve: 0439 782 954

E: oldbikesgladstone@gmall.com W: www.oldblkesgladstone.org.au



AGUSTA











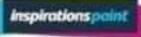




MARSHUR CITT NAME IT - EAVIOSON



















Held at Green Park Conondale

Come along to the Rally and enjoy the **Z OWNERS** legendary hospitality All enquires email zownersqld@hotmail.com

Check out our website www.zownersqueensland.com

You can also follow us on



FRIDAY

Rally opens

Bar open 12 noon to 12am

Music and Dinner

SATURDAY

Breakfast Lunch & dinner Show and Shine Rally Trophies Motorised Gymkhana Multi Draw Raffle Music

Bar open 10am to 12am

SUNDAY

Breakfast

Rally closes

12 noon

















Absolutely.... NO GLASS, NO DOGS!

DISCLAIMER

All motorcycle events and rallies hold some element of risk. Participation at Conondale 2020 Rally is at your own risk. The Queensland Z Owners will take all reasonable care however are not responsible for any loss of property or personal injury.

Conrodders

13th North Coast Campout







Facebook

10 April - 13 April, 2020

A 1/2 price Compout T Early
shirt per compsite for be
shirt per compsite for be
Bird Registrations paid
fore the 31st January
3020

Hervey Bay

Hosted by Conrodders Hot Rod & Customs Hervey Bay Inc # SA 104-04-2020

ENTRAN	T DETAILS			51522	9/		
			ASRF n	ASRF number			
Surname		Given name (s)					
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State	7.	Club					
Phone (H))	(M)					
		Email					
**Please c	omplete details of all adults on	the rear of this f	orm.				
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Year	Make	Model	Rego	Colour	_Engine		
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Registrat	ion \$140 Inc compsite 3 nigh	ts. Meet & Greet Fr	iday Night 3 breakfasts	Registration camp site	s		
Registration \$140 Inc campsite 3 nights , Meet & Greet Friday Night, 3 breakfasts Saturday lunch for 2 x adults &children under 16 free				October San Date San	2		
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\$40 Additional adults on camp site x				Additional adults	6		
				Additional dourts	S		
			8	Meal/s Saturday Roast	s		
	2001		CONTRACT COMPRESSOR	Dinner Heast let us know if you have any special	150		
	\$29 head—2 course meal—	main & sweets x	adultsChildren	dietory requirements			
T Shirt S	28 each Small xMedium x	Large xX L	arge xXXLarge x	T Shirt/s	e		
Please in	Ladies V neck Small (10)x	D TShirt if appli	cable (size)	EARLY BIRD rego Tshirt @	\$ 00.00		
				\$15 each	100.00000		
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• E	ntry for one car to Show & Sonation to our local charity)	Shine on the Sunday	(extra cars Gold Coin	Date received			
• E	ntry to Show & Shine for all	campers		Receipt #			
	oody Bag on arrival			Neceipi W			
	ank Dind Dags bafana 21,	* Tanuary 2020	get a 1/2 price Tshirt	I	I		

Please make all payments Direct Deposit to to North Coast Campout BSB 064 492 A/C 10054090 with surname in description please post registration form to North Coast Campout, P.O Box 3025, Hervey Bay,4655 Or email Registration form to Email: info@conroddersheveybay.org.au Club contact mobile is Mob: 0418 265 222



Proudly Supporting the following Charities Riding For the Disabled Hervey Bay and Maryborough

PLEASE NOTE NO DOGS ALLOWED IN SHOWGROUNDS



FOR SALE #1



2018 HARLEY-DAVIDSON FREEWHEELER \$34000

Wild Red Paint

This is your perfect opportunity to get on to a Harley-Davidson Trike with Low Kilometres (11k)and in extremely good Nic for a fraction of the New Price. Genuine reason for sale.

- Still under new bike warranty and fitted with many extras.
- This bike has been well maintained and looked after it has been fitted with:-
- Tinted windshield
- Ultimate Seat" imported from the U.S.
- Engine guard and highway pegs
- Harley risers
- Cooling fan
- Oil temp and volt meters
- Rear luggage rack
- Pillion and Rider backrests
- Plus more, all original parts supplied with the bike



Phone: Dave 0417711727 if interested

WHERE OUR MONEY, GOODS AND RESOURCES GO

Charities and Community Groups - supported since 2013	Total Faised since reception	9:	\$	EH0,045.30	Amount Balo	and arms to date:		5	26,705,00
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M.A.C.E Central Queentitisnd	Franci Coori Family Network	HOM	100	9.55000	Cash and Supply		17/5/		
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Independent Riders Australia – Supporting our communities

HELPING WITH CARE PACKAGES

What is a Care Package?

A care package is a parcel containing a variety of products that is sent to Australian Troops who are deployed overseas. These packages can contain a variety of products, some of which are listed below.

Funds raised and goods collected from our March 10 Poker Run went towards 60 care packages that were put together on March 24 and sent to our troops on the week ending 1 April 2018. Our plan is to continue collection of goods through 2018 until our poker run in 2019. Depending on goods collected we hope to send a further 20 care packages every couple of months during 2018/19 and a further 80 packages from proceeds of our 2019 Poker Run.

We currently have collection bins at Independent Riders Workshops, 276 Kent St Maryborough, Under the Gun Tattoos, Kent St Maryborough, Fraser Coast Family Network Adelaide St Maryborough, with more added in Hervey Bay shortly. Goods and donations can be dropped off at these locations, products aren't expensive but will mean a lot to our troops.

List for what can go in a Care Packages, anything that you would like to receive from home! Note: If we keep the boxes under 2kg the military will send for nothing.

Sorry No glass jars or aerosol cans

- Razors
- Roll on deodorants
- Chap sticks for lips
- Shampoo and conditioner (Small)
- Sunscreen. (Small)
- Baby wipes. (Wash)
- Body wash
- Eye drops
- Tooth paste or Tooth Brush
- Timtams
- Lollies
- Noodles
- Vegemite
- Peanut paste
- Muesli bars

- Milo,
- Coffee, (small packets)
- Tea
- Nutella
- Cookies
- Nuts
- Gum
- Dried fruit
- Note books
- Biro's
- Puzzle books
- Playing cards. UNO cards, dice
- Magazines. (car books, bikes others that would be interesting, national geographic books, calendars) etc

There is heaps more you can add in however if you are unsure or would like more information or have goods that could be used, then contact: Julie on 0400 690981 or Michael on 0409 57528.

So next time you are doing your shopping, pop in a little extra. Thank you.

Feel Like a Chat? Flourish Australia Hervey Bay

Phone 1800 WE LISTEN (1800 9354 7836)

1800 WE LISTEN is Flourish Australia's Peer WarmLine which commenced operation on July 1, 2012.

When you call **1800 WE LISTEN**, you will be speaking to someone who has a mutual understanding of mental illness. Flourish Australia staff combines their own experiences with extensive training to provide you with the support you request.

1800 WE LISTEN is <u>not</u> a crisis service, it is simply a number you can call when you want to have a chat, knowing that someone who is successfully managing their own recovery will be there to listen and share experiences.

