September 2020 | Newsletter

[Volume 9, Issue 08]





Our Aim

To support our community, to provide a free newsletter to motorcycle enthusiasts that includes current rides and events as well as ride and pub reviews as well as photos of recent rides/events. Poker run and other event flyers can be published in this newsletter, irrespective of group, provided it has a charitable focus. E-mailing details to info@eatmyshorts.com.au

The advertising of your <u>business</u> or "for sale" items in this newsletter or on our website will attract a small charge to be donated to one of the many charities we support. For the website and newsletter to be successful, we welcome news stories, reviews and other contributions from groups and individuals. .

About us

Independent Riders is not a club. We are a group of individuals who believe in the enjoyment and freedom obtained through motorcycle riding without the restrictions and politics associated with membership and imposed by "committees" of clubs/associations. Independent Riders have a charitable focus but as true 'Independents' we have no President, Secretary, Founding Members or other similar position and the opinion of each person is considered equal. We do however have moderators on the website and Facebook page and one person chosen to be our Public Relations Officer. The role of this person is to promote our worthwhile and charitable causes and social events.

The wearing of Independent Rider merchandise (cloth patch, sticker, banner etc) does not equate to membership but rather a statement to indicate the person/persons belief in the concept of "The Independent Rider". Those who believe in the "Independent" concept are welcome to purchase and wear any of our patches or merchandise with our logo including our banners. Minimal amounts from sales are needed to help purchase new stock and cover basic administrative expenses, most money raised from merchandise sales go to various charitable organisations including: Fraser Coast Family Networks and Fraser Coast Wildlife Sanctuary.

Where possible, we provide experience and support with fundraising events for other groups/clubs by assisting with co-ordination, promotion or organising/designing promotional material including banners, patches etc. We believe that as a united force, bikers have the ability to provide positive direction within our community and be the leaders our community so desperately need. E-mail us for detailsinfo@eatmyshorts.com.au or miket60@bigpond.net.au

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Postal Address

Independent Riders Pty Ltd Maryborough QLD 4650

ACN: 606 088 251

Capricorn Coast Capricorn Coast France Coast Independent Branches Planted Dame Planted Coast Moreton Bay Dirisbane

Where are Independent Riders?

Independent Riders have supporters as far south as the Gold Coast and to the north Cairns with the odd supporter in most Australian states and territories. While spread around our main contact points are Brisbane (Moreton Bay), Fraser and Capricorn Coast with a new addition Darling Downs, (Branches and contact details provided in this newsletter.

If you have a ride/event let us know and it will go either in the next addition of this newsletter and/or our website. If you know of good pubs, camping, have some great photos/stories or just want to go on our mailing list e-mail Independent Riders at info@eatmyshorts.com.au Visit our website www.eatmyshorts.com.au for more information on what we get up to as well as over a decade of pictures.

Meet us for a drink and a laugh at one of our Friday Social Nights, from 5.30pm onwards. Venue details at the bottom left of page 4. Hope to see you there

Until next time, stay safe... Independent Riders

We can be found each Friday afternoon / evening from around 5.30 PM at The Tinana Hotel, The Tinnie, just over The Lamington Bridge in Tinana. We are usually located near the bar or on warm days out front in the garden bar. During winter, we softies will be inside to stay warm ③

We usually have a few drinks, have a feed or head off somewhere else for dinner. We also discuss any future rides. If you feel like a chat, come down and see us.

Other upcoming Rides for 2020

- 11th Oct Independent Day Ride
- 18th Oct Independent Day Ride
- 6th Dec Annual Fraser Coast Toy Run

Rides can sometimes be very "last-minute" and sometimes get finalised over a beer on a Friday night so please ask to join our Facebook page: Independent Riders Fraser Coast.



Spring/Summer 2020

- Social nights for 2020 will vary each week, our social evening list can be seen on the bottom left of page three (3),
- Our social evenings in Maryborough occur each Friday evening from 5.30PM, all are welcome.

October 2020

- 2nd 8th and 29th Oct Toy Run Stall, Stockland Hervey Bay, from 8.30am. *Near Nova Shoes*
- 4th Oct Maryborough Swap Meet. Flyer on our website
- 4th Oct Independent Day Ride. *Details on our website or Facebook*
- 11th Oct Independent Day Ride. *Details on our website or Facebook*
- 18th Oct Independent Day Ride. *Details on our website or Facebook*
- 9th, 16th and 22nd Oct Toy Run Stalls Station Square, from 8.30am
- 17th Oct Annual Bandana Day/ride Claremont. Flyer with this newsletter
- 18th Oct Bra's and Bikes. Flyer in this newsletter

November 2020

• 7th Nov Annual Freedom Concert – Maidenwell. Flyer in this newsletter

Do you have ideas for rides? Email us E-mail: info@eatmyshorts.com.au

Interested in mid-week rides? E-mail: info@eatmyshorts.com.au

New rides are added in weekly so keep checking our website:

www.eatmyshorts.com. Or visit us on Facebook. Some of our day rides will have

New Merchandise

1. Independent Riders Caps \$18.00 Produced on The Fraser Coast





2. NEW LOOK Independent Riders Stubby Coolers Only \$10.00





Patches - Independent Riders

These cloth patches and others now available. Only \$10.00

Banners and Flags are Again Available



Banner example above 2.6x1 metre (approx.). \$75 plus postage

Independent Sons of Bitches Shirts Version 4. (\$25)



Front

Our achievements to date

On the 27th of December 2013, Independent Riders Australia presented its first check of, \$1500 to Spina Bifida Hydrocephalus Qld. On Saturday 20th December 2014 we signed our last cheque for 2014, bringing our total donation of cash, services and goods for the twelve-month period to: **\$22,324.85**. December 2017 saw this amount exceed \$90,000 and by September 2020 this amount exceeded \$163,000.





INDEPENDENT RIDERS INDEPENDENT RIDERS DARLING DOWNS

For those interested in attending Darling Downs events their two contacts are: Jol and Shanelle Clark: 0419 746097 and 0409 762374

They can also be e-mailed on: darlingdowns@eatmyshorts.com.au and have their own ride calendar on the Independent website, tas well as their own Facebook Page, search "Indpendent Riders Darling Downs.

CAPRICORN COAST

For those interested in attending Capricorn Coast events contact is: Contact Rick B on Facebook

Enquiriess can also be e-mailed to:
capricorncoast@eatmyshorts.com.au and have their own ride calendar on the Independent website, tas well as their own Facebook Page, search "Indpendent Riders Capricorn Coast"

INDEPENDENT RIDERS MORETON BAY

For those interested in attending Moreton Bay events their two contacts are: JanCunningham: 0408 744219 and Kevin Cunningham: 0408 744219.

Jan and Kevin (Batman), can also be e-mailed on: grayanproud@gmail.com and have their own ride calendar on the Independent website, tas well as their own Facebook Page, search "Indpendent Riders Moreton Bay"

Preferred pubs as of August

Maryborough Sports Club Ferry Street Maryborough

Granville Hotel, Oxford Hotels Maryborough
Good drink and food prices

Maryborough Sports Club Saltwater Creek Rd Maryborough

Old Sydney Hotel
Corner Ellena and Richmond Streets
Maryborough

Help us help others. Need more info?

E-mail: info@eatmyshorts.com.au

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www.eatmyshorts.com.au

PO Box 261 Howard QLD 4659 PH: 0409 575284

E:-mail: info@eatmyshorts.com.au

No Bullshit, No Politics

Find us on the Web: www.eatmyshorts.com.au



New Fraser Coast Patches \$10 Each



Rider Patches 2013-2020



Supporter Patch

Independent Rider Mouse Mats \$10 Each Two Styles Available





FRIDAY NIGHT SOCIAL EVENINGS – VARIOUS LOCATIONS

They are BACK...... Sorta 🔞

r social Friday nights will be at varied locations however will be displayed on our website and Facebook each week,

From 5.30PM ish each Friday evening

6th December – Fraser Coast Toy Run

- WHERE: Brolga Theatre Cr Park Maryborough
- TIME: Registration from 6.30am stands up 9.00am

Cost, gold coin donation, sausage sizzle and coffee van at start, this is a car and motorcycle event with all proceeds going back to local community groups. This year's benefactors are MACE Wide Bay, Fraser Coast Family Network and Fraser Coast Wildlife Sanctuary.

Raffles on the day include our main raffle with prizes including a laptop, cash prizes plus much more as well as \$50 cash boards and a lucky door prize. Raffle will commence in August and be drawn at the end of the ride. Our toy run stalls will start in September at both Station Square Maryborough and Stocklands in Hervey Bay.

The Fraser Coast Toy Run flyer can be seen in this edition of our Newsletter along with details/dates for toy run stalls at Station Square Maryborough and Hervey Bay, Stockland. TOY RUN TEE-SHIRTS (\$25) AND PATCHES (\$5) NOW AVAILABLE.



Independent Riders 8th Annual Poker Run

• WHEN: 6th March 2021

DETAILS: TBAROUTE: TBA

 Supporting Aussie Troops, in 2021 we are looking at something different to support our troops, watch this space for details.

Other projects heading into 2020

We have a number of exciting projects to consider in 2020:and 2021

- Suicide prevention/education. More details later in 2021
- Support Our Community Fraser Coast INC Art Competitions 2020
- VR (Visual Reality) Headsets for disabled and others in need
- Support Independent Riders Workshops. Ongoing
- HISS Homeless Independent Support Services Deferred 2021
- And of course, some EXCELLENT rides!!!
- Support for Aussie Troops. 2021 Poker Run to support returned troops
- Need more details? E-mail: <u>info@eatmyshorts.com.au</u>



Red writing (location) initially Fraser Coast or Australia.

Option for Capricorn Coast or Brisbane

Waiting on final pricing for fitted and long sleeve options

Positioning of logo may alter slightly.

Shirts now available from \$25 short sleeve, \$35.00 Long Sleeve. Singlet's also available







Embroidered Dress Shirts AND Hoodies available - By order only Enquiries 0417 215978

New Patches

Some of ourembroidered patches. From \$6.00 to \$7.00 per piece See Julie 0400 690981









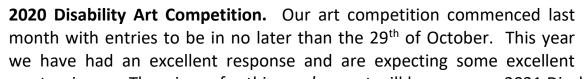
If you are interested in coming alongto any of our advertised events or need more info, please contact Julie or Michael at info@eatmyshorts.com.au or mobile 0400 690981or 0409 575284

ALL PATCHES AVAILABLE IN: AUSTRALIA, DARLING DOWNS, MORETON BAY, BRISBANE, FRASER AND CAPRICORN COAST



OUR COMMUNITY FRASER COAST INC IA58583

Our Community Fraser Coast Inc IA58583 (OCFC), is a Not for Profit organisation and an initiative of Independent Riders Australia along with the support of other community minded groups on the Fraser Coast. OCFC provides several services to the local community including free advertising and promotion on their website, for like, minded groups as well as assistance promoting charitable events.



masterpieces. The winner for this year's event will become our 2021 Disability Ambassador as well as having their design on the front of their toy run shirt. All

participants will also receive a copy of the shirt with 1st -3rd receiving Gold, Silver and Bronze medals. All participants will also receive a

framed certificate of participation.



Last year we added an additional \$500 that participants could decide how their organisation could spend it. This year we will again have the additional \$500 however participants are to decide what local charity this money should be given to. Where possible we would work with Family Network and organization, so they could present the money personally, or the Disability Ambassador could.

VR Headset Trialing. Trialing of virtual reality headsets began in July this year with plans to make selected programs available by mid to late August 2020, At this stage Fraser Coast Family Network have 6 headsets with



one more to be made available by the end of October 2020. Other organisations can utilise this service through Family networks. On the 6th of



November Independent Riders and Family Networks will show

case the VR units and the Disability Expo, a VR monthly update will also commence in the next week or two and be included from October in our monthly newsletter.

With all this going on our website unfortunately is still a work in progress however will continue to work on this in the coming months. The website is located at: www.ourcommunityfrasercoast.com.au is still under construction.

- ** Top pictures displayed from Caroline's February Toy Run presentation
- ** Bottom pictures from our VR trials

INDEPENDENT RIDERS WORKSHOPS IA58897

The Latest from Eddie



Shane Muller from The Bikers Brew is kindly supporting this venture. Bikers Brew is on the corner of Walker and Ferry St's Maryborough, (the old Shamrock). If you are in town pop in and say 'hi', check out the bikes, old and new, or enjoy a

coffee, drink, snack or meal. By doing this we support local business who support us.

Workshop Manager: Eddie PH: 0400 488244

Bike Mechanic:

Office: Cassie 07 4121 3010

Mentors: Wayne, Kevin and Brett
Students: Kevin, Travis and Kurtis.



Contact Eddie on 0400488244 for more details on the workshop. Workshop direct at: 07 41213010



community with disabilities.

Travis and Kevin with workshop manager Eddie, receive certificates for their achievements at the workshop.

The workshop has expanded its role to include classes and experiences not only for disengaged youth with drug or alcohol dependencies but those within our

VOLUNTEERS NEEDED

Volunteers are essential to the success of the workshops and our ability to help and guide our youth towards a positive future. If you have spare time, want to give back to our community while providing our youth direction from your learned skills and experiences; then do we have a deal for you.

We are in need of volunteers who will be trained as mentors for our students, skills in any metal craft, including welding, bycicle mechanics, small motors or similar then please contact Eddie on 0400 488244. In return we offer a friendly environment, where your experience can make a difference and training is provided.

A Positive Notice Bluecard is a lergislative requirement for our volunteers however we can organise this for you and there is no cost.

Located at 276 Kent Street Maryborough. Motorised scooters can be custom made and ordered, ask Eddie how/costs etc. It is believed that with support. these workshops will provide opportunities of employment for local youth.





New Workshops and store front - 276 Kent Street Maryborough 4650

Here at Independent Riders Workshops, we are pleased to announce that we are open to teach Reading and Writing to all ages including adults. It has been brought to our attention that many people in the Fraser Coast Region are struggling with this skill. After talking to our teacher, we have decided to set up classes that will be available every day to those who need help. Please don't be shy, come in and give it a go. We are here for our community.



INDEPENDENT RIDERS

First Day Ride for September – Fraser Coast





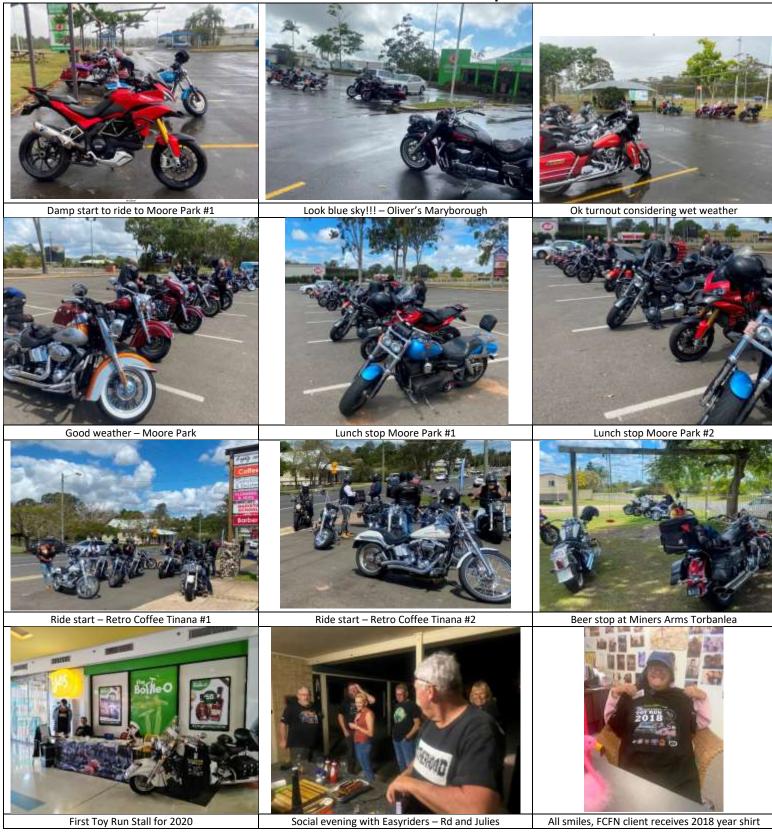




PIC #1 South of Gympie PIC #2 Parked up at Tiaro PIC #3 Parked up at Kenilworth

INDEPENDENT RIDERS

Out and about on the Fraser Coast - September



INDEPENDENT RIDERS

Independent Riders Foundation Ride 2020 September



HOW TO SUPPORT MACE

Message from MACE Wide Bay Committee

To all that are thinking of or have thought of becoming a MACE member , Supporter or a helper.

- You must be eligible for a Positive Notice blue card.
 M.A.C.E. will assist with that
- You must attend at least 3 meetings and help at awareness days or functions. At this stage a Full Member will become your sponsor.
 You will become an Associate member and you can stay an Associate or stay as a supporter as long as you like. These two categories cannot work directly with Children or represent M.A.C.E. without a full member being present
- To become a full member will take a minimum of (12) twelve months. This period is so as you can learn our policies, procedures and rules of engagement with children.

There are two ways.

- (1) you own or have access to a motorbike capable of highway speeds
- (2) a Full member takes you on as a pillion on his or her bike. If you think M.A.C.E SMC is something that you would like to do please contact us Via Facebook or Email .mailto:barra@maceaustralia.com





This Month's Humor and Quotes

I'M AFRAID IF I START WORKING OUT, I'LL BE TOO SEXY. Sitting at the ER. I don't really want to get into the details but the "Dyson ball cleaner" is a very misleading product name. Cop: seen anything unusual?

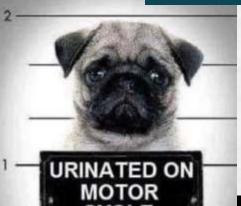
Me: a dolphin with a hat once

Cop: I mean around here

Me: nah they live in water



I'm coming over
Will you be long?
Yes.



-WHEN YOU FALL ASLEEP
SPIDERS RUB THEIR
WILLIES
ON YOUR
FACE.





MOTOR CYCLE TIRE

I KNOW THERE ARE PEOPLE MORE ATTRACTIVE THAN ME,

NEVER BEAT MY SPARKLING

FUCKING PERSONALITY.

PROBLEM:
If George is 68 and
his girlfriend is 22,
how much money
does George have?

DURING THE MIDDLE AGES THEY CELEBRATED THE END OF THE PLAGUE WITH WINE AND ORGIES

DOES ANYONE KNOW IF THEY HAVE ANYTHING LIKE THAT PLANNED WHEN THIS ONE ENDS? Since I Bought this toy for my dog. no store salesmen, break-lus, or friends popyling in unununced. Just peace & quiet.

Just peace & quiet.

'Are you decent?'

Not morally, but I'm wearing pants if thats what your asking. Victims were treated for minor injuries at the local hospital emergency after their Smart Car hit a squirrel on Highway 21.

Witnesses say the squirrel fled the scene

WHATS SHE LIKE?

BIG COCKS AND VODKA

My wife is going into labour what should i do?

No, this is her husband

Two weeks Into

WOMAN BLIM OFF
WORK FOR THE WEEK

YOU CAN RELAX YOU VE FARNT IT

MAN BLIM OFF
WORK FOR THE WEEK

Charlie: When a horse jumps over defence, defeat go first and then detail.

Teacher: Give me a

sentence which includes the words, Defence, Defeat, Detail.



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No, this is her husband

WOU CAN RELAX_YOU VE EARNT IT

MANS IMOST

WORKFOR THE WEEK

WORKFOR THE WEEK

WOMAN; WELL IVE GOT A LIST OF THINGS FOR YOU TO DO YOU LAZY GUNT

get on my own
fucking nerves.



AND IF SHE DID IT WAS MY BROTHER

Thank-you to our sponsors

















































4194 <u>5</u>678





































Centre Management Station Square Maryborough, Kelly's Nails, The Butcher Shop Tinana, Maryborough Eykandi Artworks and Photography, Arthouse Northside, Wilko's Pro Shine



FRASER COAST TOY RUN 2020

STALL DATES

All Station Square stalls will be at the Buttle Shop end of Station Square starting around 8.30 in the morning and finishing anytime between 2-JPM. We usually have a motorbike on display both in Hervey Bay and Maryborough.

Volunteers to help-out are always appreciated W

Butes for Station Square are: September

Thursday 3rd September friday 11th of September Thursday 24th of September

4 October

Friday 9th of October Friday 15th of October Thursday 22nd f October

♣ November

friday 6th of November Thursday 12th of November Thursday 19th of November Thursday 26th of November

Bates for Stockland Hervey Bay are:

▲ September

Friday 04th September Friday 17th September Friday 25th September

→ October

Friday 02** October Thursday 08** October Thursday 29** October

4 November

Friday 06th November Thursday 12th November Thursday 19th November Friday 27th November

↓ Becember

Friday 04th December

FRASER COAST TOY RUN 2020 - DRAFT ITINERARY

Please note: These are estimated times only

Time	Details
7.00am-9.00am	Registration – Fraser Coast Toy Run Brolga Theatre Carpark
9.00am	Vehicles depart Brolga Theatre Carpark, led by Queensland Rural Fire Service, Santa (on trike), with two bike escort, cars led by Maryborough Ford Club. Additional Notes: We will head down the length of Walker St to Bruce Highway, RIGHT and then regroup in truck bay opposite Maryborough Showground.
0.10	
9.10am	Motorbikes depart Brolga Theatre Carpark, followed by trucks and support vehicles. Additional Notes: We will head down the length of Walker St to Bruce Highway, RIGHT and then regroup in truck bay opposite Maryborough Showground.
9.30-9.45am	Regroup in Car Park Bay Bruce Highway opposite Maryborough Showgrounds. 15-30 minutes for regrouping
9.45am-10.15am	RIGHT at Torbanlea, LEFT Burgowan Rd (after railway tracks), RIGHT at Burrum Heads Rd, RIGHT at Hervey Bay-Burrum Heads Rd, LEFT at Eli Waters and LEFT again at Roundabout and FIRST LEFT into Tooth St.
10.45am- 11.15am	REGROUP on Tooth St, Rural Fire Service Santa and motorbikes to the front, then cars and trucks if any.
11.15am-11.45am	Procession led by Queensland Rural Fire Service, Santa then motorbikes and cars, commence ride through Esplanade to Elizabeth Street, then Booral Rd RIGHT on Boundary Rd then LEFT onto Bideford St
11.45am-12.00 noon	1 st vehicles arrive at Seagulls ARL Bideford St Torquay, Grounds on LEFT
12.15-12.30pm	Fraser Coast Family Network presentation to toy run participants. (Approximately 15 minutes)
12.15 onwards	Lunch will be available
12.15-3.00pm <i>Approx</i>	 Main raffle prizes drawn. Cash raffles still drawn Presentation to Family Networks Art Participants, this also includes a cheque of \$500 to participants to utilise within our community Cheque presentation MACE Wide Bay Entertainment with Fraser Coast Family Networks.

If the roadworks make it impractical to head down Walker St, Plan B will be to head down Saltwater Creek Rd, to the big roundabout and TURN LEFT towards Takura and Torbanlea. In this instance the route will see us returning via Burrum Heads and Hervey Bay-Burrum Heads Rd We will confirm if a Plan B is necessary by the 22nd November 2020.

Cash raffle boards drawn as well as lucky door prizes drawn throughout the day.

Please note: These are estimated times only



OUR COMMUNITY FRASER COAST INC 1458583 IN CONJUNCTION WITH INDEPENDENT RIDERS AUSTRALIA PTY LTD

INVITES YOU TO PARTICIPATE IN



FRASER COAST FAMILY NETWORKS

PETITION

Do you like to draw? Paint? Create?

DEADLINE FOR ENTRIES 29/10/20

Have your masterpiece

On your own toy run shirt

The winner of this competition will have their design used on the tee-shirts gifted by Independent Riders to competition participants who attend the Fraser Coast Toy Run

- Help decide how to spend \$500
- Certificate of Participation
- Be our Disability Ambassador for 2021

Contact Tammy for more information 0439 649456

Competition closes 5.00PM Thursday the 29th of October, Winners announced Monday 9th November

BECAUSE OF OUR LIMITED RESOURCES THIS EVENT IS BY INVITATION ONLY



Sunday 18 October 2020

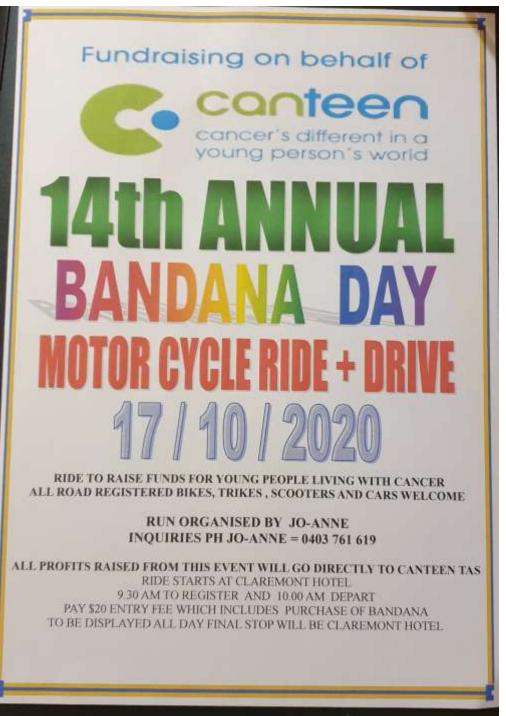
STARTS & FINISHES AT YANDINA BOWLING CLUB

Registration opens: 7.30am | Ride starts: 9am

BIKER \$20 + PILLION \$5

REGISTER NOW www.bloomhill.com.au/event/brasnbikes2020

For more info email: girltorque1@gmail.com





FOR SALE #1









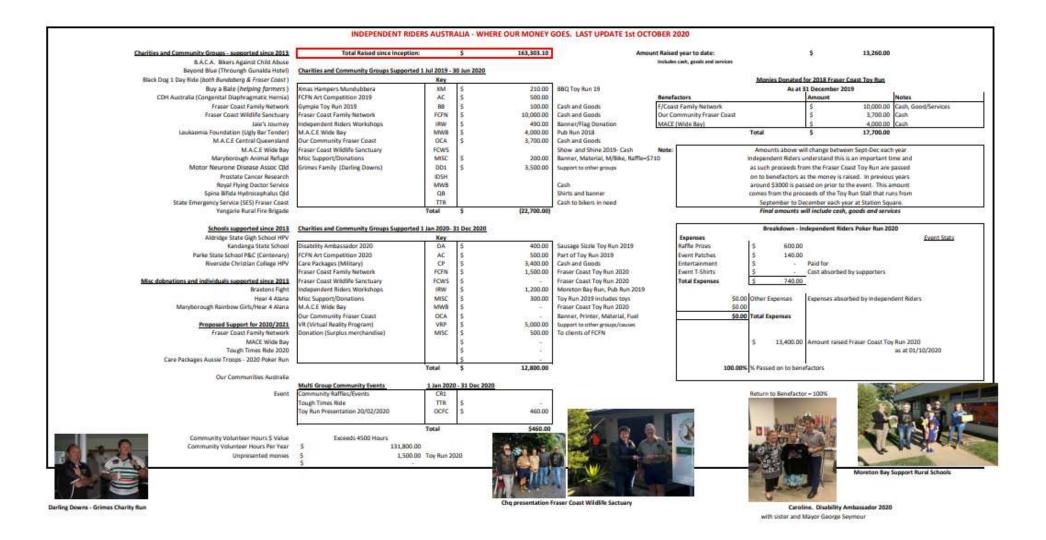
Comes with everything you need to start your own business Included with coffee machine: Stainless steel bench, fully plumbed

includes water filter, grinder, touch screen and till (never used), scanner, mini receipt printer.

Originally purchased for \$20,000 this machine has had no commercial use. For inspection and/or to make an offer over \$5,000 contact Michael or Julie

Phone: Michael 0409 575284 or Julie 0400 690981

WHERE OUR MONEY, GOODS AND RESOURCES GO



Independent Riders Australia – Supporting our communities

HELPING WITH CARE PACKAGES

What is a Care Package?

A care package is a parcel containing a variety of products that is sent to Australian Troops who are deployed overseas. These packages can contain a variety of products, some of which are listed below.

Funds raised and goods collected from our March 10 Poker Run went towards 60 care packages that were put together on March 24 and sent to our troops on the week ending 1 April 2018. Our plan is to continue collection of goods through 2018 until our poker run in 2020. In 2021 we are hoping to be able to give to an organization in Wide Bay that provides care to our returned service people.

List for what can go in a Care Packages, anything that you would like to receive from home! Note: If we keep the boxes under2kg the military will send for nothing.

Sorry No glass jars or aerosol cans

- Razors
- Roll on deodorants
- Chap sticks for lips
- Shampoo and conditioner (Small)
- Sunscreen. (Small)
- Baby wipes. (Wash)
- Body wash
- Eye drops
- Tooth paste or Toothbrush
- Tim Tams
- Lollies
- Noodles
- Vegemite
- Peanut paste
- Muesli bars

- Milo,
- Coffee, (small packets)
- Tea
- Nutella
- Cookies
- Nuts
- Gum
- Dried fruit
- Note books
- Biro's
- Puzzle books
- Playing cards. UNO cards, dice
- Magazines. (car books , bikes others that would be interesting, national geographic books, calendars) etc

There is heaps more you can add in however if you are unsure or would like more information or have goods that could be used, then contact: Julie on 0400 690981 or Michael on 0409 57528.

So next time you are doing your shopping, pop in a little extra. Thank you.

Feel Like a Chat? Flourish Australia Hervey Bay

Phone 1800 WE LISTEN (1800 9354 7836)

1800 WE LISTEN is Flourish Australia's Peer WarmLine which commenced operation on July 1, 2012.

When you call **1800 WE LISTEN**, you will be speaking to someone who has a mutual understanding of mental illness. Flourish Australia staff combines their own experiences with extensive training to provide you with the support you request.

1800 WE LISTEN is <u>not</u> a crisis service, it is simply a number you can call when you want to have a chat, knowing that someone who is successfully managing their own recovery will be there to listen and share experiences.



Corona Virus Links to The World Health Organisation Website

Links below are directly to the World Health Organisation in regards to the Coronavirus Disease. It is far better in this day and age to arm oneself with facts rather than rumors, hearsay and half truths.

The first link is:

- Myth busters, followed by:
- When and how to use masks,
- Advice to public,
- Videos on prevention,
- Healthy Parenting and finally:
- Virus situation dashboard.

Myth Busters 1

When and How to use Masks

https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/when-and-how-to-use-masks

Advise to Public https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/videos
https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/videos

Healthy Parenting https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/healthy-parenting

Coronavirus Situation Dash Board https://experience.arcgis.com/experience/685d0ace521648f8a5beeeee1b9125cd