December 2021 |Newsletter

[Volume 09 Issue 12]

INDEPENDENT

Our Aim

To support our community, to provide a free newsletter to motorcycle enthusiasts that includes current rides and events as well as ride and pub reviews as well as photos of recent rides/events. Poker run and other event flyers can be published in this newsletter, irrespective of group, provided it has a charitable focus. E-mailing details to info@eatmyshorts.com.au

The advertising of your business or "for sale" items in this newsletter or on our website will attract a small charge to be donated to one of the many charities we support. For the website and newsletter to be successful, we welcome news stories, reviews and other contributions from groups and individuals. .

About us

Independent Riders is not a club. We are a group of individuals who believe in the enjoyment and freedom obtained through motorcycle riding without the restrictions and politics associated with membership and imposed by "committees" of clubs/associations. Independent Riders have a charitable focus but as true 'Independents' we have no President, Secretary, Founding Members or other similar position and the opinion of each person is considered equal. We do however have moderators on the website and Facebook page and one person chosen to be our Public Relations Officer. The role of this person is to promote our worthwhile and charitable causes and social events.

The wearing of Independent Rider merchandise (cloth patch, sticker, banner etc) does not equate to membership but rather a statement to indicate the person/persons belief in the concept of "The Independent Rider". Those who believe in the "Independent" concept are welcome to purchase and wear any of our patches or merchandise with our logo including our banners. Minimal amounts from sales are needed to help purchase new stock and cover basic administrative expenses, most money raised from merchandise sales go to various charitable organisations including: Fraser Coast Family Networks and Fraser Coast Wildlife Sanctuary.

Where possible, we provide experience and support with fundraising events for other groups/clubs by assisting with co-ordination, promotion or organising/designing promotional material including banners, patches etc. We believe that as a united force, bikers have the ability to provide positive direction within our community and be the leaders our community so desperately need. **E-mail us for details** info@eatmyshorts.com.au

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Postal Address
Independent Riders Pty Ltd
PO Box 3203 Pallas Street
Maryborough QLD 4650
ACN: 606 088 251

Brisbane to Capricorn Coast

We can be found each Friday afternoon / evening from around 5.30 PM having our Friday social drinks at selected hotels, usually in Maryborough, sometimes in Hervey Bay. Check out our website or Facebook for our next social evening or ride.

We usually have a few drinks, have a feed or head off somewhere else for dinner. We also discuss any future rides. If you feel like a chat, come down and see us.

Other upcoming Rides for 2021

- 28th Nov Bundaberg Toy Run
- 5th Dec Fraser Coast Toy Run
- Xx
- xx

Rides can sometimes be very "last-minute" and sometimes get finalised over a beer on a Friday night so please ask to join our Facebook page: Independent Riders Fraser Coast.

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Where are Independent Riders?

Independent Riders have supporters as far south as the Gold Coast and to the north Cairns with the odd supporter in most Australian states and territories. While spread around our main contact points are Brisbane (Moreton Bay), Fraser and Capricorn Coast with a new addition Darling Downs, (Branches and contact details provided in this newsletter.

If you have a ride/event let us know and it will go either in the next addition of this newsletter and/or our website. If you know of good pubs, camping, have some great photos/stories or just want to go on our mailing list e-mail Independent Riders at info@eatmyshorts.com.au Visit our website www.eatmyshorts.com.au for more information on what we get up to as well as over a decade of pictures.

Meet us for a drink and a laugh at one of our Friday Social Nights, from 5-5.30pm onwards. Venue details at the bottom left of page 4. Hope to see you there

Until next time, stay safe… Independent Riders

Summer 2021/2022

- Social nights for 2021 will vary from week to week, our social evening preferred pub list can be seen on the bottom of page three (3), currently social nights are scheduled every three weeks, rotating between Maryborough (changing locations) and Hervey, the Hervey Bay Hotel.
- Our social evenings when they occur, start around 5.00-5.30PM, all are welcome.

December 2021

- 5th Dec Fraser Coast Toy Run 2021, (*Flyer included in Newsletter*)
- 11th Dec Cooloola/Sunshine Coast Toy Run (*Flyer with this Newsletter*)
- 19th Dec Last Independent Day Ride for 2021

January 2022

- 2nd and 3rd January. First day rides for 2022
- Australia Day Ride. TBA

Moving further into 2022

- March. Ninth Annual Independent Poker Run
- March. Disability Ambassador presentation
- May. Ninth Annual Show and Shine

Interested in mid-week rides? E-mail: info@eatmyshorts.com.au

New rides are added in weekly so keep checking our website: www.eatmyshorts.com. Or visit us on Facebook. Some of our day rides will have short notice but where possible these will be advertised.

New Merchandise

1. Independent Riders Caps $18.00 **Produced on The Fraser**

2. NEW LOOK
Independent Riders
Stubby Coolers
Only $10.00

Patches – Independent Riders

These cloth patches and others now available. **Only $10.00**

Banners and Flags are Again Available

Banner example above 2.6x1 metre (*approx.*). $75 plus postage

Fraser Coast Toy Run Shirts 2021 ($30)

FRONT

BACK

Our achievements to date

On the 27th of December 2013, Independent Riders Australia presented its first check of, $1500 to Spina Bifida Hydrocephalus Qld. On Saturday 20th December 2014 we signed our last cheque for 2014, bringing our total donation of cash, services and goods for the twelve-month period to: **$22,324.85**. December 2017 saw this amount exceed $90,000 and by December 2020 this amount exceeded $191,000.

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INDEPENDENT RIDERS INDEPENDENT RIDERS DARLING DOWNS

For those interested in attending Darling Downs events their two contacts are: Jol and Shanelle Clark: 0419 746097 and 0409 762374

They can also be e-mailed on: darlingdowns@eatmyshorts.com.auand have their own ride calendar on the Independent website, tas well as their own Facebook Page, search "Indpendent Riders Darling Downs.

CAPRICORN COAST

For those interested in attending Capricorn Coast events contact is: VACANT (Interested?) : 0400 690981

Enquiriess can also be e-mailed to: capricorncoast@eatmyshorts.com.auand have their own ride calendar on the Independent website, tas well as their own Facebook Page, search "Indpendent Riders Capricorn Coast"

INDEPENDENT RIDERS MORETON BAY

For those interested in attending Moreton Bay events their two contacts are: VACANT (Interested?) : 0400 690981

-

E-mail on: info@eatmyshorts.com.au and have their own ride calendar on the Independent website, as well as their own Facebook Page, search "Indpendent Riders Moreton Bay"

Preferred pubs as of August

The Post Office Hotel
Bazaar Street
Maryborough

Maryborough Sports Club
Saltwater Creek Rd
Maryborough

Hervey Bay Hotel
Pialba

Lamington Hotel
Ferry Street
Maryborough

Help us help others. Need more info?
E-mail: info@eatmyshorts.com.au

www.eatmyshorts.com.au

PO Box 3203 Pallas St Walker St
Maryborough QLD 4650
PH: 0409 575284
E:-mail: info@eatmyshorts.com.au

No Bullshit, No Politics

Find us on the Web:

New Fraser Coast Patches $10 Each

Rider Patches 2013-2020

Supporter Patch

Independent Rider Mouse Mats $10 Each

Two Styles Available

Fraser Coast Toy Run 2021 Results

- **WHEN: Sunday 5th December 2021**
- **PARTICIPANTS:** 600 plus
- **MOTORBIKES:** 400 plus
- **CARS:** Over 40**, TRUCKS:** 12
- **AMOUNT RAISED:** Over $48,000

Independent Riders 9th Annual Poker Run

- **WHEN: March 2022, date to be confirmed**

Proceeds from this event traditional go towards support of Australian Military, more details soon.

Disability Ambassador Presentation

- **WHEN: March 2022, date to be confirmed**

This event is a thank you to our sponsors with our Disability Ambassador presenting a copy of her shirt. Thus year Fraser Coast Regional Council will support the event.

Independent Riders 9th Show and Shine

- **WHEN: May 2022, to be confirmed**

Proceeds from this event go Fraser Coast Wildlife Sanctuary.

FRIDAY NIGHT SOCIAL EVENINGS – VARIOUS LOCATIONS

They are BACK…….. Sorta ☺

Our social Friday nights
will be at varied locations however will be displayed on our website and Facebook each week,

From 5.30PM ish most Friday evenings

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Other projects heading into 2021/2022

We have a number of exciting projects to consider in 2021

- Suicide prevention/education. More details later in 2022
- Support Our Community Fraser Coast Inc Art Competitions 2021, Disability Ambassador ***Ongoing***
- VR (*Visual Reality*) Headsets for disabled and others in need
- Support Independent Riders Workshops. ***Ongoing***
- And of course, some **EXCELLENT** rides!!!
- Support for Aussie Troops. ***2022 Poker Run will support our troops both locally and overseas***
- Need more details? E-mail: info@eatmyshorts.com.au

Front Back

Red writing (location) initially Fraser Coast or Australia.
Option for Capricorn Coast or Brisbane
Waiting on final pricing for fitted and long sleeve options
Positioning of logo may alter slightly.

Shirts now available from $30 short sleeve, $35.00 Long Sleeve. Singlet's also available

NAVY BLACK

Embroidered Dress Shirts AND Hoodies available - By order only Enquiries 0417 215978

New Patches

Some of our embroidered patches. From $6.00 to $10.00 per piece See Julie 0400 690981

If you are interested in coming along to any of our advertised events or need more info, please contact Julie or Michael at info@eatmyshorts.com.au or mobile 0400 690981or 0409 575284

ALL PATCHES AVAILABLE IN: AUSTRALIA, DARLING DOWNS, MORETON BAY, BRISBANE, FRASER AND CAPRICORN COAST

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OUR COMMUNITY FRASER COAST INC IA58583

Our Community Fraser Coast Inc IA58583 (OCFC), is a Not for Profit organisation and an initiative of Independent Riders Australia along with the support of other community minded groups on the Fraser Coast. OCFC provides several services to the local community including free advertising and promotion on their website, for like, minded groups as well as assistance promoting charitable events.

2021 Disability Art Competition. The 201 art competition was won by Sioben Ogden from Fraser Coast Family Networks with his design becoming part of a special custom Toy Run shirt given to all competition competitors and sponsors as well as available at cost to families and supporters of this event.

Sioben will be our Disability Ambassador for 2021-2022 and will be present with her certificate and badge at the end of this year's toy run. We are hoping that the out- going Disability Ambassador will be able to present Sioben with her prize. Second place winner went to Kylie Stackman and third went to Raewyn Clark. The Disability Ambassadors are, able to attend the start of other Independent Riders events however COVID issues have prevented much occurring this year. A special Disability Ambassador banner was produced for 2021 and aim at having one available for 2022 however this may depend on supply. Fraser Coast Regional Council have indicated that they will support the Disability Ambassadors event in early 2022 where Sioben will be able to present sponsors with a copy of her shirt.

In 2022 The Disability Art Competition will be run differently than in previous years. Funding for the event will still be funded by the Fraser Coast Toy Run, however the event will be open to all organisations that have disabled clients. Each interested organisations will need to registered for the event, there will be no cost for this. Once registered templates will be made available to that organization or if they wish may use their own. More details early in 2022, so watch this space 😊

Certificates and Medals for 1st, 2nd and 3rd places of the Disability Art Competition

With all this going on our website unfortunately is still a work in progress however will continue to work on this in the coming months. The website is located at: www.ourcommunityfrasercoast.com.au is still under construction.

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The Latest from Eddie

The workshop has been

Workshop Manager: Eddie PH: 0400 488244
Bike Mechanic:
Office: Cassie: 07 4121 3010
Mentors: Wayne, Kevin, Doc, Brett and Cass

Contact Eddie on 0400488244 for more details on the workshop.
Workshop direct at: 07 41213010

Cass and Travis. Cass works part time at Independent Riders workshop in part time role including working with other youth in mentor support.

Travis who has been with the workshop for some time started this week on a four (4) week internsship. We hope in the new year we will also be able to offer travis part tiime paid work.

VOLUNTEERS NEEDED

Volunteers are essential to the success of the workshops and our ability to help and guide our youth towards a positive future. If you have spare time, want to give back to our community while providing our youth direction from your learned skills and experiences; then do we have a deal for you.

We are in need of volunteers who will be trained as mentors for our students, skills in any metal craft, including welding, bycicle mechanics, small motors or similar then please contact Eddie on 0400 488244. In return we offer a friendly enviroment, where your experience can make a difference and training is provided.

A Positive Notice Bluecard is a lergislative requirement for our volunteers however we can organise this for you and there is no cost.

Located at 276 Kent Street Maryborough. Motorised scooters can be custom made and ordered, ask Eddie how/costs etc. It is believed that with support. These workshops will provide opportunities of employment for local youth.

New Workshops and store front – 276 Kent Street Maryborough 4650

Many people on the Fraser Coast Region are struggling with reading, writing and maths. Independent Riders Workshops, offer literacy and numeracy classes, open to all ages including adults. We have a teacher who is available most days to run classes. Don't be shy, come in and give it a go. We are here for our community.

WE ARE LOOKING FOR SPONSORS

Independent Riders Workshops runs largely unfunded by government funds, with the majority of money raised by the workshop being by the sale and repair of bycicles. To help the workshop to continue its good work we are seeking sponsorship from businesses, organisations and individuals.

In return, sponsors can have their logo placed on the wall in the workshop, on our website and have pamphlets and cards at the front desk. Sponsorship would be annual with options to have logo's on workshop shirts. **Need more information, phone Eddie 0400 488244.**

INDEPENDENT RIDERS DECEMBER 2021

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INDEPENDENT RIDERS

FRASER COAST TOY RUN – DECEMBER 2021 #1

Fraser Coast Toy Run #1

The Start of The Fraser Coast Toy Run 2021

Some of the cars at the 2021 Toy Run

Some of the people at the 2021 Fraser Coast Toy Run

Fraser Coast Toy Run #2

More bikes coming in – Fraser Coast Toy Run #1

More bikes coming in – Fraser Coast Toy Run #2

More bikes coming in – Fraser Coast Toy Run #3

Fraser Coast Toy Run 2021 #3

Diggers Military MC Lead out Toy Run 2021 #1

Diggers Military MC Lead out Toy Run 2021 #2

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INDEPENDENT RIDERS

FRASER COAST TOY RUN – DECEMBER 2021 #2

A few of our friends at the start of the toy run

Airforce Cadets Standing Guard

Heading up Walker St Maryborough

Regrouping at Tooth Street #1

Regrouping at Tooth Street #2

Regrouping at Tooth Street #3

All smiles through Craignish

Regrouping at Tooth Street #4

Last Stop Hervey Bay Sports Club #1

Last Stop Hervey Bay Sports Club #2

Last Stop Hervey Bay Sports Club #3

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INDEPENDENT RIDERS

DAY RIDES IN DECEMBER 2021 GALLERY #1 (xx th and xx th December)

Excellent Pictures, thank you to all who contributed

Toy Run - Clients from Family N/W enjoy show 😊

Michael with 2021 and 22 Disability Ambassadors

Cooloola/Sunshine Coast Toy Run 2021 #1

Cooloola/Sunshine Coast Toy Run 2021 #2

Cooloola/Sunshine Coast Toy Run 2021 #3

Brian, PJ and Ed Ind/Riders Xmas Party

PJ, Mark H and Brian Ind/Riders Xmas Party

Thank you to Diggers at Ind/Riders Xmas Party

Thanks to Lee and George Ind/Riders Xmas Party

Day Ride 19th December #1

Day Ride 19th December #2

Day Ride 19th December #3

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HOW TO SUPPORT MACE

Message from MACE Wide Bay Committee

To all that are thinking of or have thought of becoming a MACE member ,Supporter or a helper.

1. You must be eligible for a Positive Notice blue card . M.A.C.E. will assist with that
2. You must attend at least 3 meetings and help at awareness days or functions. At this stage a Full Member will become your sponsor. You will become an Associate member and you can stay an Associate or stay as a supporter as long as you like. These two categories cannot work directly with Children or represent M.A.C.E. without a full member being present
3. To become a full member will take a minimum of (12) twelve months. This period is so as you can learn our policies , procedures and rules of engagement with children.

There are two ways.

(1) you own or have access to a motorbike capable of highway speeds

(2) a Full member takes you on as a pillion on his or her bike . If you think M.A.C.E SMC is something that you would like to do please contact us Via Facebook or Email .mailto:barra@maceaustralia.com

Broug

This Month's Humor and Quotes

Apple does it again!

Apple announced today that it has developed a breast implant that can store and play music. The iTit will cost from $499 to $699, depending on cup and speaker size.. This is considered a major social breakthrough because women are always complaining about men staring at their breasts and not listening to them.

Woman tries to cut off Lover's penis,missed and cut his thigh,charged with misdaweiner

Times are tough so once again I will be selling my nudes.

$5 to get one
$25 not to get one

They can close our beaches, close our rivers and close our public swimming pools but they cannot close our potholes

scientific fact..

Dogs get more information from sniffing another dogs arse than humans do from watching the NEWS!

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twenty20 Realty, Hervey Bay Boat Club, Centre Management Station Square Maryborough, Autobarn Maryborough, The Butcher Shop Tinana, Super Cheap Auto Maryborough, Wilko's Pro Shine, Hervey Bay Disability Assistance Inc

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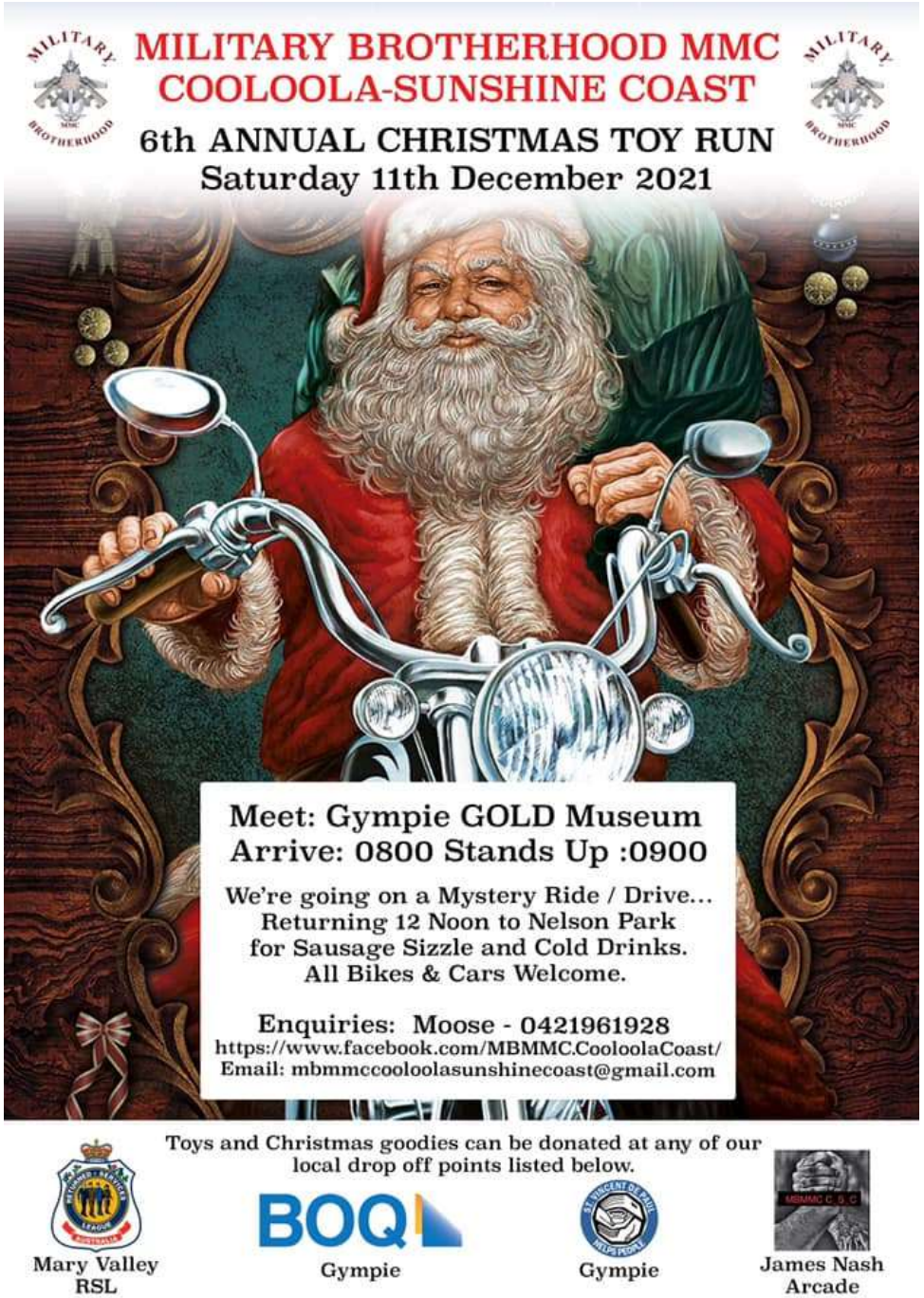
FRASER COAST TOY RUN 2021 RESULTS IN DETAIL

This year's Fraser Coast Toy Run commenced on Sunday 5th December 2021, departing again from the Brolga Theatre in Maryborough. this year weather was on our side and so were the crowds with over 400 bikes attending, 40+ cars and dozen trucks. We estimate that there were over 600 participants and the event raised over $48,000.

Like previous years all proceeds will went to local community groups and those in need. This year we distributed funds mostly by wish lists received from benefactors. We estimate that this year we were able to help over 500 families here on the Fraser Coast.

Thank you to those that supported this event and helped us to help others.



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FOR SALE #1

Stainless Steel Barista/Coffee Machine

Comes with everything you need to start your own business

Included with coffee machine :

Stainless steel bench, fully plumbed includes water filter, grinder, touch screen and till (never used), scanner, mini receipt printer.

Originally purchased for $20,000 this machine has had no commercial use.

For inspection and/or to make an offer over $5,000 contact Michael or Julie

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Phone: Michael 0409 575284 or Julie 0400 690981

WHERE OUR MONEY, GOODS AND RESOURCES GO

INDEPENDENT RIDERS AUSTRALIA - WHERE OUR MONEY GOES. LAST UPDATE 10th March 2021

Charities and Community Groups - supported since 2013

B.A.C.A. Bikers Against Child Abuse
Beyond Blue (Through Gunalda Hotel)
Black Dog 1 Day Ride (*both Bundaberg & Fraser Coast*)
Buy a Bale (*helping formers*)
CDH Australia (Congenital Diaphragmatic Hernia)
Fraser Coast Family Network
Fraser Coast Wildlife Sanctuary
Jaie's Journey
Leukaemia Foundation (Ugly Bar Tender)
M.A.C.E Central Queensland
M.A.C.E Wide Bay
Maryborough Animal Refuge
Motor Neurone Disease Assoc Qld
Prostate Cancer Research
Royal Flying Doctor Service
Spina Bifida Hydrocephalus Qld
State Emergency Service (SES) Fraser Coast
Yengarie Rural Fire Brigade

Schools supported since 2013

Aldridge State Gigh School HPV
Kandanga State School
Parke State School P&C (Centenary)
Riverside Christian College HPV

Misc dobnations and individuals supported since 2013

Braxtons Fight
Hear 4 Alana
Maryborough Rainbow Girls/Hear 4 Alana

Proposed Support for 2020/2021

Fraser Coast Family Network
MACE Wide Bay
Tough Times Ride 2020

Our Communities Australia

Event

Total Raised since Inception: $ 203,043.10

Charities and Community Groups Supported 1 Jul 2020 - 30 Jun 2021

	Key			
FCFN Art Competition 2020	AC	$	500.00	Trophies/Shirts/Certs
Gympie Toy Run 2021	BB	$	-	
Fraser Coast Family Network	FCFN	$	10,000.00	Cash and Goods
Independent Riders Workshops	IRW	$	490.00	Banner/Flag Donation
M.A.C.E Wide Bay	MWB	$	10,000.00	Cash and Goods
Our Community Fraser Coast	OCA	$	-	Cash and Goods
Fraser Coast Wildlife Sanctuary	FCWS	$	4,500.00	Toy Run 2020
Misc Support/Donations	MISC	$	200.00	Banner, Material, M/Bike, Raffle=$71
Grimes Family (Darling Downs)	DD1	$	3,500.00	Dering Downs Event
IR PokerRun 2021	DIG	$	4,000.00	ADF Drop in Centre
Misc Toy Donations Toy Run 2020	MISC	$	5,000.00	Toys to other organisations
Donated Banners	DB	$	200.00	Shirts and banner
	TTR			Cash to bikers in need
	Total	$	38,390.00	

Note: Amounts above will change between Sept-Dec each year independent Riders understand this is an important time and as such proceeds from the Fraser Coast Toy Run are passed on to benefactors as the money is raised. In previous years around $3000 is passed on prior to the event. This amount comes from the proceeds of the Toy Run Stall that runs from September to December each year at Station Square.

Final amounts will include cash, goods and services

Amount Raised year to date: $ 4,200.00
Includes cash, goods and services

Monies Donated for 2020 Fraser Coast Toy Run
As at 31 December 2020

Benefactors		Amount	Notes
F/Coast Family Network	$	13,500.00	Cash, Good/Services
F/Coast Wildlife Sanctuary	$	4,500.00	Cash
MACE (Wide Bay)	$	10,000.00	Cash, Good/Services
Total	$	28,000.00	

Charities and Community Groups Supported 1 Jan 2020- 31 Dec 2020

	Key			
Disability Ambassador 2020	DA	$	400.00	Sausage Sizzle Toy Run 2019
FCFN Art Competition 2020	AC	$	500.00	Part of Toy Run 2019
Care Packages (Military)	CP	$	3,400.00	Cash and Goods
Fraser Coast Family Network	FCFN	$	4,500.00	Fraser Coast Toy Run 2020
Fraser Coast Wildlife Sanctuary	FCWS	$	4,500.00	Fraser Coast Toy Run 2020
Independent Riders Workshops	IRW	$	1,200.00	Moreton Bay Run, Pub Run 2019
Misc Support/Donations	MISC	$	14,500.00	Toy Run 2020 includes toys
M.A.C.E Wide Bay	MWB	$	4,500.00	Fraser Coast Toy Run 2020
Our Community Fraser Coast	OCA	$	250.00	Banner, Printer, Material, Fuel
VR (Virtual Reality Program)	VRP	$	7,400.00	Support to other groups/causes
Donation (Surplus merchandise)	MISC	$	500.00	To clients of FCFN
		$	-	
		$	-	
	DIG			ADF Drop In Centre
	Total	$	41,650.00	

Multi Group Community Events — **1 Jan 2020 - 31 Dec 2020**

Community Raffles/Events	CR1		
Tough Times Ride	TTR	$	-
Disability Ambassador March 2021	DCFC	$	460.00
Miscellaneous Donations	MISC	$	500.00
	Total		$960.00

Community Volunteer Hours $ Value	Exceeds 4500 Hours		
Community Volunteer Hours Per Year	$	131,800.00	
Unpresented monies/Goods	$	3,000.00	Toy Run 2020
	$	-	MACE VR + FCWS

Breakdown - Independent Riders Poker Run 2021

Expenses			Event Stats
Raffle Prizes	$	650.00	
Event Patches	$	120.00	
Entertainment	$	-	Paid for
Event T-Shirts	$	-	Cost absorbed by attendees
Total Expenses	$	770.00	
$0.00	Other Expenses		Expenses absorbed by Independent Riders
$0.00			
$0.00	**Total Expenses**		
	$	4,800.00	Amount raised Fraser Coast Poker Run 2021 as at 30/03/2021
16.04%	% Passed on to benefactors		

Return to Benefactor = 100%

Darling Downs - Grimes Charity Run

Chq presentation Fraser Coast Wildlife Sactuary

Caroline. Disability Ambassador 2020
with sister and Mayor George Seymour

Moreton Bay Support Rural Schools

Independent Riders Australia – Supporting our communities

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HELPING WITH CARE PACKAGES

What is a Care Package?

A care package is a parcel containing a variety of products that is sent to Australian Troops who are deployed overseas. These packages can contain a variety of products, some of which are listed below.

Funds raised and goods collected from our March 10 Poker Run went towards 60 care packages that were put together on March 24 and sent to our troops on the week ending 1 April 2018. Our plan is to continue collection of goods through 2018 until our poker run in 2020. In 2021 we were able to give to an organisation on the Fraser Coast funds to assist them to continue supporting our returned service people. In 2022 we would like to continue to support those that defended our countries beliefs.

List for what can go in a Care Packages, anything that you would like to receive from home! Note: If we keep the boxes under2kg the military will send for nothing.

Sorry
No glass jars or aerosol cans

• Razors • Roll on deodorants • Chap sticks for lips • Shampoo and conditioner (Small) • Sunscreen. (Small) • Baby wipes. (Wash) • Body wash • Eye drops • Tooth paste or Toothbrush • Tim Tams • Lollies • Noodles • Vegemite • Peanut paste • Muesli bars	• Milo, • Coffee, (small packets) • Tea • Nutella • Cookies • Nuts • Gum • Dried fruit • Note books • Biro's • Puzzle books • Playing cards. UNO cards, dice • Magazines. (car books , bikes others that would be interesting, national geographic books, calendars) etc

There is heaps more you can add in however if you are unsure or would like more information or have goods that could be used, then contact: Julie on 0400 690981.

So next time you are doing your shopping, pop in a little extra. Thank you.

Feel Like a Chat?

Flourish Australia Hervey Bay

Phone 1800 WE LISTEN
(1800 9354 7836)

1800 WE LISTEN is Flourish Australia's Peer WarmLine which commenced operation on July 1, 2012.

When you call **1800 WE LISTEN**, you will be speaking to someone who has a mutual understanding of mental illness. Flourish Australia staff combines their own experiences with extensive training to provide you with the support you request.

1800 WE LISTEN is ***not*** a crisis service, it is simply a number you can call when you want to have a chat, knowing that someone who is successfully managing their own recovery will be there to listen and share experiences.

Corona Virus Links

Restriction Stages

Vaccination Bookings / Information

Places of Concern

Public Health Directions (Qld)

Gossip, Gossiper, Rumour, Rumour Monger

GOSSIP/RUMOUR
circulating story or report of uncertain or doubtful truth information, often a mixture of truth and untruth, passed around

A rumour, is "a tall tale of explanations of events circulating from person to person and pertaining to an object, event, or issue in public concern." In the social sciences, a rumour involves a form of a statement whose veracity is not quickly or ever confirmed.

GOSSIPER/RUMOUR MONGER
A person who habitually reveals personal or sensational facts about others.

Gossipers are desperate and immature people. They need drama, love conflict and are so deeply unconfident they feel compelled to tell and spread false accusations and stories about others in order to feel a sense of superiority, or to be able to play the ultimate role of the victim

Gossiper - a person given to gossiping and divulging personal information about others. Gossip Monger, News Monger, Rumour Monger, Gossip

A GOSSIPER IS NOT YOUR FRIEND BUT A PERSON WHO COULD EASILY USE YOU AS THEIR NEXT TARGET!

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