



INDEPENDENT



Our Aim

To support our community, to provide a free newsletter to motorcycle enthusiasts that includes current rides and events as well as ride and pub reviews as well as photos of recent rides/events. Poker run and other event flyers can be published in this newsletter, irrespective of group, provided it has a charitable focus. E-mailing details to info@eatmyshorts.com.au

The advertising of your business or “for sale” items in this newsletter or on our website will attract a small charge to be donated to one of the many charities we support. For the website and newsletter to be successful, we welcome news stories, reviews and other contributions from groups and individuals. .

About us

Independent Riders is not a club. We are a group of individuals who believe in the enjoyment and freedom obtained through motorcycle riding without the restrictions and politics associated with membership and imposed by “committees” of clubs/associations. Independent Riders have a charitable focus but as true ‘Independents’ we have no President, Secretary, Founding Members or other similar position and the opinion of each person is considered equal. We do however have moderators on the website and Facebook page and one person chosen to be our Public Relations Officer. The role of this person is to promote our worthwhile and charitable causes and social events.

The wearing of Independent Rider merchandise (cloth patch, sticker, banner etc) does not equate to membership but rather a statement to indicate the person/persons belief in the concept of “The Independent Rider”. Those who believe in the “Independent” concept are welcome to purchase and wear any of our patches or merchandise with our logo including our banners. Minimal amounts from sales are needed to help purchase new stock and cover basic administrative expenses, most money raised from merchandise sales go to various charitable organisations including: Fraser Coast Family Networks and Fraser Coast Wildlife Sanctuary.

Where possible, we provide experience and support with fundraising events for other groups/clubs by assisting with co-ordination, promotion or organising/designing promotional material including banners, patches etc. We believe that as a united force, bikers have the ability to provide positive direction within our community and be the leaders our community so desperately need. E-mail us for details info@eatmyshorts.com.au

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Postal Address

Independent Riders Pty Ltd
PO Box 3203 Pallas Street
Maryborough QLD 4650
ACN: 606 088 251

Brisbane to Capricorn Coast



We can be found each Friday afternoon / evening from around 5.30 PM having our Friday social drinks at selected hotels, usually in Maryborough, sometimes in Hervey Bay. Check out our website or Facebook for our next social evening or ride.

We usually have a few drinks, have a feed or head off somewhere else for dinner. We also discuss any future rides. If you feel like a chat, come down and see us.

Other upcoming Rides for 2021

- 12th Mar Trike Bike Hotrod Show
- 26th Mar MMRC Poker Run Moranbah
- 30th Sep Valley Rally
- 4th Dec Fraser Coast Toy Run

Rides can sometimes be very "last-minute" and sometimes get finalised over a beer on a Friday night so please ask to join our Facebook page: Independent Riders Fraser Coast.



Where are Independent Riders?

Independent Riders have supporters as far south as the Gold Coast and to the north Cairns with the odd supporter in most Australian states and territories. While spread around our main contact points are Brisbane (Moreton Bay), Fraser and Capricorn Coast with a new addition Darling Downs, (Branches and contact details provided in this newsletter.

If you have a ride/event let us know and it will go either in the next addition of this newsletter and/or our website. If you know of good pubs, camping, have some great photos/stories or just want to go on our mailing list e-mail Independent Riders at info@eatmyshorts.com.au Visit our website www.eatmyshorts.com.au for more information on what we get up to as well as over a decade of pictures.

Meet us for a drink and a laugh at one of our Friday Social Nights, from 5-5.30pm onwards. Venue details at the bottom left of page 4. Hope to see you there

Until next time, stay safe... Independent Riders

Summer/Autumn 2022

- Social nights for 2022 will vary from week to week, our social evening preferred pub list can be seen on the bottom of page three (3), currently social nights are scheduled every three weeks, rotating between Maryborough (changing locations) and Hervey, the Hervey Bay Hotel.

- Our social evenings when they occur, start around 5.00- 5.30PM, all are welcome.

March 2022

- 20th Mar Darling Downs Black Dog 1 Day Ride. *Details in this newsletter*
- 26th Mar Tribute Ride for David Hurst. *Details in this newsletter*
- 25-27th Mar Connondale Rally. *Details in this newsletter*
- 27th Ride for William. *Details in this newsletter*

April/May 2022

- 9th April. Towballs Ride. Brisbane. *Details on our website*
- 15-17th Apr April Rocky Nats Rockhampton *Details in this Newsletter*
- 16th April. Twin Valley Poker Run. *Details in this Newsletter*
- 22nd-23rd April. Cane Toad Rally. *Details in this Newsletter*
- April 29th – 1st May 2022. Kilbirnie Rally. *Details in this Newsletter*
- Apr[il]/May Disability Ambassador Presentation TBA
- May/June. Ninth Annual Show and Shine TBA

Interested in mid-week rides? E-mail: info@eatmyshorts.com.au

New rides are added in weekly so keep checking our website: www.eatmyshorts.com. Or visit us on Facebook. Some of our day rides will have short notice but where possible these will be advertised.

New Merchandise

1. Independent Riders Caps \$18.00 **Produced on The Fraser**



2. **NEW LOOK** Independent Riders Stubby Coolers Only \$10.00



Patches – Independent Riders

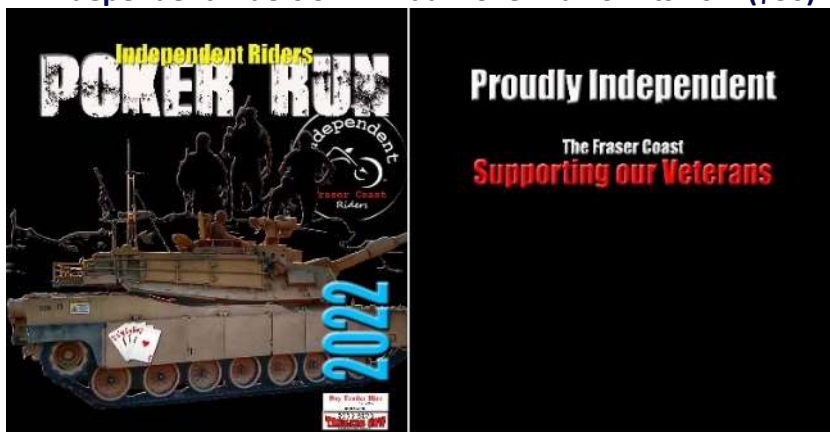
These cloth patches and others now available. **Only \$10.00**

Banners and Flags are Again Available



Banner example above 2.6x1 metre (approx.). \$75 plus postage

Independent Riders 9th Annual Poker Run Shirts 2022(\$30)



FRONT

BACK

Our achievements to date

On the 27th of December 2013, Independent Riders Australia presented its first check of, \$1500 to Spina Bifida Hydrocephalus Qld. On Saturday 20th December 2014 we signed our last cheque for 2014, bringing our total donation of cash, services and goods for the twelve-month period to: **\$22,324.85**. December 2017 saw this amount exceed \$90,000 and by December 2020 this amount exceeded \$191,000.



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INDEPENDENT RIDERS INDEPENDENT RIDERS

DARLING DOWNS

For those interested in attending Darling Downs events their two contacts are: Jol and Shanelle Clark: 0419 746097 and 0409 762374

They can also be e-mailed on:

darlingdowns@eatmyshorts.com.au and have their own ride calendar on the Independent website, as well as their own Facebook Page, search "Independent Riders Darling Downs."

CAPRICORN COAST

For those interested in attending Capricorn Coast events contact is: VACANT (Interested?) : 0400 690981

Enquiries can also be e-mailed to:

capricorncoast@eatmyshorts.com.au and have their own ride calendar on the Independent website, as well as their own Facebook Page, search "Independent Riders Capricorn Coast"

INDEPENDENT RIDERS MORETON BAY

For those interested in attending Moreton Bay events their two contacts are: VACANT (Interested?) : 0400 690981

-

E-mail on: info@eatmyshorts.com.au and have their own ride calendar on the Independent website, as well as their own Facebook Page, search "Independent Riders Moreton Bay"

Preferred pubs as of 2022

The Post Office Hotel
Bazaar Street
Maryborough

Maryborough Sports Club
Saltwater Creek Rd
Maryborough

Hervey Bay Hotel
Pialba

Lamington Hotel
Ferry Street
Maryborough

Help us help others. Need more info?

E-mail: info@eatmyshorts.com.au

www.eatmyshorts.com.au

PO Box 3203 Pallas St Walker St
Maryborough QLD 4650
PH: 0409 575284
E-mail: info@eatmyshorts.com.au

No Bullshit, No Politics

Find us on the Web:



New Fraser Coast Patches \$10 Each



Rider Patches 2013-2020



Supporter Patch

Independent Rider Mouse Mats \$10 Each

Two Styles Available



Independent Riders 2022 Sons of Bitches Shirts only \$35

Brought to you by eatmyshorts.com.au

Independent Riders 9th Annual Poker Run

- **WHEN:** Saturday 19th of March 2022, departing from the Brolga Theatre carpark Maryborough at departing 9am

Proceeds from this event traditionally go towards support of Australian Military, flyer within this newsletter.

Disability Ambassador Presentation

- **WHEN:** TBA. Delayed due to COVID and Flooding

Due to COVID-19 and two lots of floods this event has been delayed however we are hoping to run this presentation later in the year hopefully before the end of April 2022. This event is a thank you to our sponsors with our Disability Ambassador presenting a copy of winning toy run shirt design for 2021. This year Fraser Coast Regional Council will support the event

Independent Riders 9th Show and Shine

- **WHEN:** May 2022, to be confirmed

Proceeds from this event go to Fraser Coast Wildlife Sanctuary.

Independent Riders 2022 Fraser Coast Toy Run

- **WHEN:** Sunday 4th December 2022, departing from the Brolga Theatre carpark. DATE CONFIRMED ☺

Proceeds from this event go to charities and support organisations here on the Fraser Coast. More details later in the year.

New Merchandise

- **Sons of Bitches 2022 Shirt available from late April 2022**

Details and design will be on display in next month's Independent Riders monthly newsletter. This year we have had to increase the price to \$35 and will be available in round and V Neck, all sizes. Draft image below of this year's 'Sons of Bitches' tee-shirt.

Swags for Sale, excellent value and quality only \$120, contact Julie on 0400 690981

Other projects heading into 2021/2022

We have a number of exciting projects to consider in 2021

- Suicide prevention/education. More details later in 2022
- Support Our Community Fraser Coast Inc Art Competitions 2021/22, Disability Ambassador **Ongoing**
- VR (Visual Reality) Headsets for disabled and others in need
- Support Independent Riders Workshops. **Ongoing**
- And of course, some **EXCELLENT** rides!!!
- Support for Aussie Troops. **2022 Poker Run will support our troops both locally and overseas**
- Need more details? E-mail: info@eatmyshorts.com.au



Front Back

Red writing (location) initially Fraser Coast or Australia.
 Option for Capricorn Coast or Brisbane
 Waiting on final pricing for fitted and long sleeve options
 Positioning of logo may alter slightly.

Shirts now available from \$30 short sleeve, \$35.00 Long Sleeve. Singlet's also available



NAVY

BLACK



Embroidered Dress Shirts AND Hoodies available - By order only Enquiries 0417 215978

New Patches

Some of our embroidered patches. From \$6.00 to \$10.00 per piece See Julie 0400 690981



If you are interested in coming along to any of our advertised events or need more info, please contact Julie or Michael at info@eatmyshorts.com.au or mobile 0400 690981 or 0409 575284

ALL PATCHES AVAILABLE IN: AUSTRALIA, DARLING DOWNS, MORETON BAY, BRISBANE, FRASER AND CAPRICORN COAST



OUR COMMUNITY FRASER COAST INC IA58583

Our Community Fraser Coast Inc IA58583 (OCFC), is a Not for Profit organisation and an initiative of Independent Riders Australia along with the support of other community minded groups on the Fraser Coast. OCFC provides several services to the local community including free advertising and promotion on their website, for like, minded groups as well as assistance promoting charitable events.



2021 Disability Art Competition. The 201 art competition was won by Sioben Ogden from Fraser Coast Family Networks with his design becoming part of a special custom Toy Run shirt given to all competition competitors and sponsors as well as available at cost to families and supporters of this event.



Sioben will be our Disability Ambassador for 2021-2022 and will be present with her certificate and badge at the end of this year's toy run. We are hoping that the out- going Disability Ambassador will be able to present Sioben with her prize. Second place winner went to Kylie Stackman and third went to Raewyn Clark. The Disability Ambassadors are, able to attend the start of other Independent Riders events however COVID issues have prevented much occurring this year. A special Disability Ambassador banner was produced for 2021 and aim at having one available for 2022 however this may depend on supply. Fraser Coast Regional Council have indicated that they will support the Disability Ambassadors event in early 2022 where Sioben will be able to present sponsors with a copy of her shirt.



In 2022 The Disability Art Competition will be run differently than in previous years. Funding for the event will still be funded by the Fraser Coast Toy Run, however the event will be open to all organisations that have disabled clients. Each interested organisations will need to registered for the event, there will be no cost for this. Once registered templates will be made available to that organization or if they wish may use their own. More details early in 2022, so watch this space 😊

Certificates and Medals for 1st, 2nd and 3rd places of the Disability Art Competition



With all this going on our website unfortunately is still a work in progress however will continue to work on this in the coming months. The website is located at: www.ourcommunityfrasercoast.com.au is still under construction.

The Latest from Eddie



The workshop has been

Workshop Manager: Eddie PH: 0400 488244

Bike Mechanic:

Office: Cassie: 07 4121 3010

Mentors: Wayne, Kevin, Doc, Brett and Cass

**Contact Eddie on 0400488244 for more details on the workshop.
Workshop direct at: 07 41213010**



Cass and Eddie. Cass works at Independent Riders workshop in part time role including working with other youth in mentor support.

Eddie who is the back bone of the workshop was this year a nominee Fraser Coast Australia Day awards for Community Organisation of the year. It is great to see some recognition for these guys and what they do in the community.

VOLUNTEERS NEEDED

Volunteers are essential to the success of the workshops and our ability to help and guide our youth towards a positive future. If you have spare time, want to give back to our community while providing our youth direction from your learned skills and experiences; then do we have a deal for you.

We are in need of volunteers who will be trained as mentors for our students, skills in any metal craft, including welding, bicycle mechanics, small motors or similar then please contact Eddie on 0400 488244. In return we offer a friendly environment, where your experience can make a difference and training is provided.

A Positive Notice Bluecard is a legislative requirement for our volunteers however we can organise this for you and there is no cost.

Located at 276 Kent Street Maryborough. Motorised scooters can be custom made and ordered, ask Eddie how/costs etc. It is believed that with support. These workshops will provide opportunities of employment for local youth.



New Workshops and store front – 276 Kent Street Maryborough 4650

Many people on the Fraser Coast Region are struggling with reading, writing and maths. Independent Riders Workshops, offer literacy and numeracy classes, open to all ages including adults. We have a teacher who is available most days to run classes. Don't be shy, come in and give it a go. We are here for our community.

WE ARE LOOKING FOR SPONSORS

Independent Riders Workshops runs largely unfunded by government funds, with the majority of money raised by the workshop being by the sale and repair of bicycles. To help the workshop to continue its good work we are seeking sponsorship from businesses, organisations and individuals.

In return, sponsors can have their logo placed on the wall in the workshop, on our website and have pamphlets and cards at the front desk. Sponsorship would be annual with options to have logo's on workshop shirts. **Need more information, phone Eddie 0400 488244.**

INDEPENDENT RIDERS FEBRUARY 2022



INDEPENDENT RIDERS

DAY RIDES IN – FEBRUARY 2022 #1



Suka and Wolfgang on their travels #1



Suka and Wolfgang on their travels #2



Suka and Wolfgang on their travels #3



Independent Riders W/Shop Nominated



February 6th Day Ride on the Fraser Coast #1



February 6th Day Ride on the Fraser Coast #2



February 6th Day Ride on the Fraser Coast #3



February 6th Day Ride on the Fraser Coast #4



February 13th Day Ride on the Fraser Coast #1



February 13th Day Ride on the Fraser Coast #2














February 13th Day Ride on the Fraser Coast #3



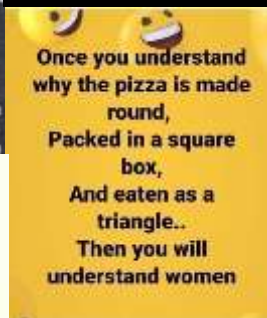
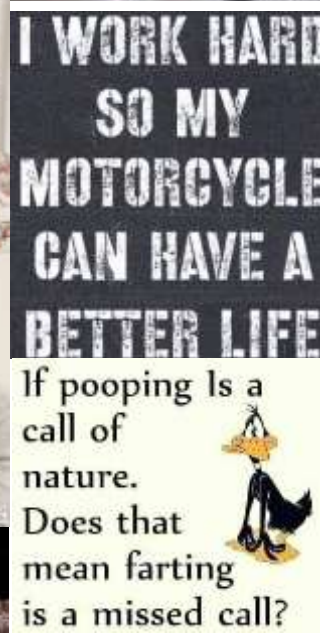
February 13th Day Ride on the Fraser Coast #4

INDEPENDENT RIDERS

DAY RIDES IN – FEBRUARY 2022 #2

		
February 13 th Day Ride on the Fraser Coast #	February 13 th Day Ride on the Fraser Coast #6	Nice meal but where's my head??
		
February 20 th Day Ride on the Fraser Coast #1	February 20 th Day Ride on the Fraser Coast #2	February 20 th Day Ride on the Fraser Coast #3
		
February 20 th Day Ride on the Fraser Coast #4	February 20 th Day Ride on the Fraser Coast #5	February 20 th Day Ride on the Fraser Coast #6
		
February 20 th A few out for a ride	At Torbanlea Servo – 20 th February 2022	

This Month's Humor and Quotes





Bay Trailer Hire
Hervey Bay
0488 184638



Maryborough



Maryborough



Hans The Paint Doctor



Stockland
it's your place



Coffee Tribe Espresso
Coffee Shop



Fraser Coast
REGIONAL COUNCIL



CARRIERS ARMS
Hotel • Motel • Bar • Grill



THE REJECT SHOP

BIGW

Outrigger
BURLEIGH

twenty20 Realty, Hervey Bay Boat Club, Centre Management Station Square, Maryborough, Autobarn Maryborough, The Butcher Shop Tinana, Super Cheap Auto Maryborough, Wilko's Pro Shine, Hervey Bay Disability Assistance Inc

INDEPENDENT RIDERS 9TH ANNUAL POKER RUN



Up to \$500 for 1st, prize, cash 2nd and 3rd

Raffles
Lucky door prizes

**Independent Riders
Poker Run 2022**
9th Annual

Brolga Theatre Car Park
Registration from 6.30am departing 9am

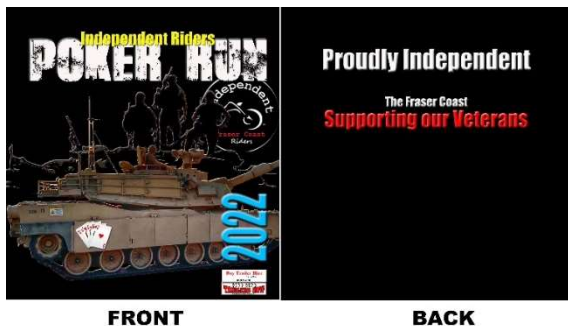
Registration \$20 includes embroidered patch
Proceeds going towards support of our military b

Phone: 0400 690981, 0409 617417, 0408 381003
Julie, Brian or PI

19th March 2022

Visit us on Facebook or at www.eatmyshorts.com.au

TRAILERS NOW
Day Trailer Hire



**2022 Poker Run shirt, most sizes only
\$30.00 Round and V Neck available.
Contact Julie on 0400 690981**

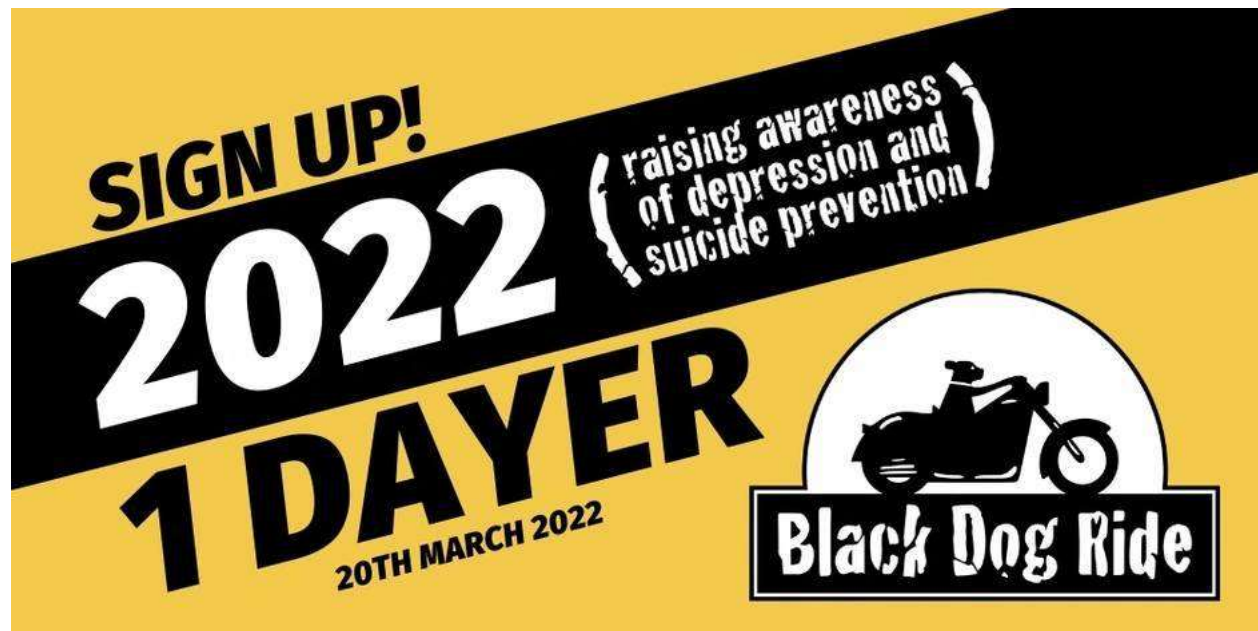
Extract from Facebook

SUNDAY, MARCH 27, 2022 AT 8 AM

Ride for William 2022 for Marlia Eastment

Annual Ride for William charity event to raise money for a Bundaberg family with a child battling cancer (Marlia Eastment) 🧡.

- 🚦 Starting at CQU Bundaberg
- 🚦 Stands up at 9am for a ride/drive through Bundaberg coastal suburbs
- 🚦 Finishes at the Club Hotel Bundaberg for entertainment and raffles
- 🚦 Bikes and cars welcome
- 🚦 Family friendly event
- 🚦 Raffle prizes to be won
- 🚦 All current COVID mandates will be followed and we ask kindly that all attendees follow guideline



Independent Riders Pittsworth are co-ordinating this years event for the Darling Downs contact Jol Clarke 0419 746097 or Shanelle Clarke 0409 762374 for more details

SOUTHERN CROSS ASSOCIATION

Southern Cross Association

Memorial Ride & Poker Run

Sun 1st May

REGISTRATIONS and SAUSAGE SIZZLE from 11am

SCA Shed Sturgess St, Hermit Park

STANDS UP 1PM

\$20 per HAND WIN up to \$500

Raffles & Poker Hand drawn at end of Ride

Raising money for Children's Charities

Franco - 0427 762 973

Kiwi - 0432 549 262

RARE SPARES APRIL 15-17, 2022

IT'S LIVE! in Queensland

ROCKYNATS

IF YOU RIDE, THEN IT'S FOR YOU!

STREET PARADE · BIKE SHOW · THUNDER RUN

AWARDS · FREESTYLE MOTORCROSS · LIVE MUSIC

OPEN TO ALL MAKES AND MODELS!

WANT TO BE JUDGED? YOUR BIKE NEEDS TO BE COOL, CUSTOM, CRAZY, OR CHOPPED

JUST WANT TO CRUISE, RACE A MATE, OR PARK UP IN THE CITY? THAT'S COOL.

JUST MAKE SURE YOUR BIKE IS WELL PRESENTED AND ROAD REGISTERED.

ENTER YOUR BIKE NOW

ROCKYNATS.COM.AU

PRESENTED BY ADVANCE ROCKHAMPTON

IN ASSOCIATION WITH SUMMERNATS

CONONDALE RALLY

MARCH 25 - 27th 2022

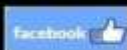
CELEBRATING OUR 25th RALLY

Held at Green Park, Conondale
Come along to the Rally and enjoy the OUR legendary hospitality

All enquires email: zownersqld@hotmail.com

Check out our website: www.zownersqueensland.com

You can also follow us on



FRIDAY

Rally opens

Bar open
12 noon to 12am

Music

SATURDAY

Breakfast, Lunch & dinner

Dead Bird Show and Shine

Motorised Gymkhana

Rally Trophies

Multi Draw Raffle

Music

Bar open 10am to 12am



SUNDAY

Breakfast

Rally closes

12 noon

Family Rally, Kids Welcome
Great Camping Facilities

Entry: \$30.00
Eftpos not available

DISCLAIMER

All motorcycle events and rallies hold some element of risk. Participation at Conondale 2022 Rally is at your own risk. The Rally organisers will take all reasonable care however are not responsible for any loss of property or personal injury.

HISTORICAL MOTORCYCLE CLUB QLD

2022 MALENY

MOTORCYCLE
ONLY SWAP

Saturday 12th March

ONE DAY ONLY

at Maleny SHOWGROUNDS 4552



With **FREE PARKING INSIDE GROUNDS**

CURRENT COVID REGULATIONS WILL APPLY



- Entry \$10 per person **CASH ONLY**
- Swap Sites \$10 – Booking not required **CASH ONLY**



Camping available Friday Night ONLY FREE

Unpowered sites only



Access to Swap Sites on Main Oval from 2pm till 6pm Friday

- Strictly **NO TRADING** before 6am Saturday
- Massive variety of New & Used Parts & Bikes
- Dog & Bric a Brac free zone
- Food available from 3 pm Friday

SATURDAY Gates Open 6.00 am

Food Court opens at 7.00 am

Great Breakfasts & plenty of tasty food

Contact Murray Bishop 0404 810 413 bishopfam@iinet.net.au

Please check the club web site for the latest updates www.hmccq.org.au

Sunshine Coast Area, Historical Motorcycle Club of Qld Inc.
PO Box 8093, Maroochydore DC 4558 Q

SONS OF THE SOUTHERN CROSS SMC
BRISBANE CHAPTER

Ride Fee \$20

Towball's 2022

6th Annual Memorial Ride

SOTSC



VV & VMC Bunker
132 Meakin Rd Kingston

Sign on from 8am
Stands up at 9.30am

After Party-Free camping
Burnout Comp-\$500 prize

Saturday 9th April 2022

Proudly supporting



**CYSTIC
FIBROSIS**
Queensland



TWIN VALLEYS MOTORCYCLE CLUB



POKER RUN

SATURDAY 16TH APRIL



**RUN STARTS 1PM
SHARP FOOD AND
CAMPING AVAILABLE,
LIVE ENTERTAINMENT,
MAGAVALIS SPORTING
GROUNDS, BILOELA**

PRIZES FOR BEST AND WORST HAND, NO DOGS OR BYO



The BMW Motorcycle Club of Qld.
invites all motorcyclists to attend

The 28th

**CANE TOAD
RALLY**

Since 1978

WHEN: 22nd, 23rd April 2022

WHERE: Wolca Reserve, Bania Rd, Mount Perry, Qld.
(5.5km North of Mount Perry)

GPS: -25.132795 151.619289

COST: \$25 Entry (includes Rally Badge and Camping Fee)
pre-registration can be made **on website before April 17**, saves
time when arriving at rally, just need to sign in and pay entry fee.

Camping on large campground with hot showers, flushing toilets and campfires.
Catering of all meals from Friday lunch to Sunday morning breakfast.
The Mt. Perry Grand Hotel will have a **Bar onsite**, Friday and Saturday.

Bike Tour "choices of local area" leaves 8:30 on Saturday morning.
Light Entertainment on Saturday night around campfires.

Screen printing of the "Cane Toad Logo" **onto your T-Shirt** done on site for a gold
coin donation. There will be the traditional **Rum Hunt, Gymkhana** and usual **Awards**.

For further Details:

canetoadrally.com.au email: canetoadrally@gmail.com



Proceeds donated to:

Local Mt. Perry
Community
Groups

FOR SALE #1



Stainless Steel Barista/Coffee Machine

Comes with everything you need to start your own business

Included with coffee machine :
Stainless steel bench, fully plumbed includes water filter, grinder, touch screen and till (never used), scanner, mini receipt printer.

Originally purchased for \$20,000 this machine has had no commercial use. For inspection and/or to make an offer over \$5,000 contact Michael or Julie

Phone: Michael 0409 575284 or Julie 0400 690981

HELPING WITH CARE PACKAGES

What is a Care Package?

A care package is a parcel containing a variety of products that is sent to Australian Troops who are deployed overseas. These packages can contain a variety of products, some of which are listed below.

Funds raised and goods collected from our March 10 Poker Run went towards 60 care packages that were put together on March 24 and sent to our troops on the week ending 1 April 2018. Our plan is to continue collection of goods through 2018 until our poker run in 2020. In 2021 we were able to give to an organisation on the Fraser Coast funds to assist them to continue supporting our returned service people. In 2022 we would like to continue to support those that defended our countries beliefs.

List for what can go in a Care Packages, anything that you would like to receive from home! Note: If we keep the boxes under 2kg the military will send for nothing.

Sorry
No glass jars or aerosol cans

<ul style="list-style-type: none">• Razors• Roll on deodorants• Chap sticks for lips• Shampoo and conditioner (Small)• Sunscreen. (Small)• Baby wipes. (Wash)• Body wash• Eye drops• Tooth paste or Toothbrush• Tim Tams• Lollies• Noodles• Vegemite• Peanut paste• Muesli bars	<ul style="list-style-type: none">• Milo,• Coffee, (small packets)• Tea• Nutella• Cookies• Nuts• Gum• Dried fruit• Note books• Biro's• Puzzle books• Playing cards. UNO cards, dice• Magazines. (car books , bikes others that would be interesting, national geographic books, calendars) etc
--	--

There is heaps more you can add in however if you are unsure or would like more information or have goods that could be used, then contact: Julie on 0400 690981.

So next time you are doing your shopping, pop in a little extra. Thank you.

Feel Like a Chat?

Flourish Australia Hervey Bay

**Phone 1800 WE LISTEN
(1800 9354 7836)**

1800 WE LISTEN is Flourish Australia's Peer WarmLine which commenced operation on July 1, 2012.

When you call **1800 WE LISTEN**, you will be speaking to someone who has a mutual understanding of mental illness. Flourish Australia staff combines their own experiences with extensive training to provide you with the support you request.

1800 WE LISTEN is not a crisis service, it is simply a number you can call when you want to have a chat, knowing that someone who is successfully managing their own recovery will be there to listen and share experiences.



Corona Virus Links

[Restriction Stages](#)

[Vaccination Bookings / Information](#)

[Places of Concern](#)

[Public Health Directions \(Qld\)](#)

Gossip, Gossiper, Rumour, Rumour Monger

GOSSIP/RUMOUR

circulating story or report of uncertain or doubtful truth information, often a mixture of truth and untruth, passed around

A rumour, is "a tall tale of explanations of events circulating from person to person and pertaining to an object, event, or issue in public concern." In the social sciences, a rumour involves a form of a statement whose veracity is not quickly or ever confirmed.

GOSSIPER/RUMOUR MONGER

A person who habitually reveals personal or sensational facts about others.

Gossipers are desperate and immature people. They need drama, love conflict and are so deeply unconfident they feel compelled to tell and spread false accusations and stories about others in order to feel a sense of superiority, or to be able to play the ultimate role of the victim

Gossiper - a person given to gossiping and divulging personal information about others. Gossip Monger, News Monger, Rumour Monger, Gossip

A GOSSIPER IS NOT YOUR FRIEND BUT A PERSON WHO COULD EASILY USE YOU AS THEIR NEXT TARGET!