



INDEPENDENT

Our Aim

To support our community, to provide a free newsletter to motorcycle enthusiasts that includes current rides and events as well as ride and pub reviews as well as photos of recent rides/events. Poker run and other event flyers can be published in this newsletter, irrespective of group, provided it has a charitable focus. E-mailing details to info@eatmyshorts.com.au

The advertising of your business or "for sale" items in this newsletter or on our website will attract a small charge to be donated to one of the many charities we support. For the website and newsletter to be successful, we welcome news stories, reviews and other contributions from groups and individuals. .

About us

Independent Riders is not a club. We are a group of individuals who believe in the enjoyment and freedom obtained through motorcycle riding without the restrictions and politics associated with membership and imposed by "committees" of clubs/associations. Independent Riders have a charitable focus but as true 'Independents' we have no President, Secretary, Founding Members or other similar position and the opinion of each person is considered equal. We do however have moderators on the website and Facebook page and one person chosen to be our Public Relations Officer. The role of this person is to promote our worthwhile and charitable causes and social events.

The wearing of Independent Rider merchandise (cloth patch, sticker, banner etc) does not equate to membership but rather a statement to indicate the person/persons belief in the concept of "The Independent Rider". Those who believe in the "Independent" concept are welcome to purchase and wear any of our patches or merchandise with our logo including our banners. Minimal amounts from sales are needed to help purchase new stock and cover basic administrative expenses, most money raised from merchandise sales go to various charitable organisations including: Fraser Coast Family Networks and Fraser Coast Wildlife Sanctuary.

Where possible, we provide experience and support with fundraising events for other groups/clubs by assisting with co-ordination, promotion or organising/designing promotional material including banners, patches etc. We believe that as a united force, bikers have the ability to provide positive direction within our community and be the leaders our community so desperately need. **E-mail us for details** info@eatmyshorts.com.au

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Postal Address

Independent Riders Pty Ltd
Maryborough QLD 4650
ACN: 606 088 251

Brisbane to Capricorn Coast



We can be found each Friday afternoon / evening from around 5.30 PM having our Friday social drinks at selected hotels, usually in Maryborough, but once a month at Toogoom RSL. Check out our website or Facebook for our next social evening or ride.

We usually have a few drinks, have a feed or head off somewhere else for dinner. We also discuss any future rides. If you feel like a chat, come down and see us.

Other upcoming Rides for 2021

- 16-18th Jul Frosty Dingo - Wondai
- Oct 2021 – 3 Day Pub Run. *(Not confirmed)*
- 30 Oct 2021 Zombie Apocalypse
- 5th Dec Fraser Coast Toy Run

Rides can sometimes be very “last-minute” and sometimes get finalised over a beer on a Friday night so please ask to join our Facebook page: Independent Riders Fraser Coast.



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Where are Independent Riders?

Independent Riders have supporters as far south as the Gold Coast and to the north Cairns with the odd supporter in most Australian states and territories. While spread around our main contact points are Brisbane (Moreton Bay), Fraser and Capricorn Coast with a new addition Darling Downs, (Branches and contact details provided in this newsletter.

If you have a ride/event let us know and it will go either in the next addition of this newsletter and/or our website. If you know of good pubs, camping, have some great photos/stories or just want to go on our mailing list e-mail Independent Riders at info@eatmyshorts.com.au Visit our website www.eatmyshorts.com.au for more information on what we get up to as well as over a decade of pictures.

Meet us for a drink and a laugh at one of our Friday Social Nights, from 5-5.30pm onwards. Venue details at the bottom left of page 4. Hope to see you there

Until next time. stay safe... Independent Riders

Winter 2021

- Social nights for 2021 will vary from week to week, our social evening preferred pub list can be seen on the bottom of page three (3), currently social nights are scheduled every three weeks, rotating between Maryborough (changing locations) and Hervey, the Hervey Bay Hotel.
- Our social evenings in Maryborough start around 5.00- 5.30PM, all are welcome.

May 2021

- 22nd May Lindsay Wust Memorial Run. *(Flyer with this newsletter)*
- 22nd May Beenleigh Bike Fest
- 29th May [Super-Hero Family Fun Day](#) *(See our website for details)*

June 2021

- 6th Jun Annual Gympie Poker Run. *Flyer with this newsletter*
- 26th Jun The Sons Poker Run MacKay. *Details on our website*

Interested in mid-week rides? E-mail: info@eatmyshorts.com.au

New rides are added in weekly so keep checking our website: www.eatmyshorts.com. Or visit us on Facebook. Some of our day rides will have short notice but where possible these will be advertised.

New Merchandise

1. Independent Riders Caps \$18.00 **Produced on The Fraser**



2. **NEW LOOK**
Independent Riders
Stubby Coolers
Only \$10.00



Patches – Independent Riders

These cloth patches and others now available. **Only \$10.00**

Banners and Flags are Again Available



Banner example above 2.6x1 metre (approx.). \$75 plus postage

Independent 'Let's get Lost' Shirts (\$30)



Our achievements to date

On the 27th of December 2013, Independent Riders Australia presented its first check of, \$1500 to Spina Bifida Hydrocephalus Qld. On Saturday 20th December 2014 we signed our last cheque for 2014, bringing our total donation of cash, services and goods for the twelve-month period to: **\$22,324.85**. December 2017 saw this amount exceed \$90,000 and by December 2020 this amount exceeded \$191,000.



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INDEPENDENT RIDERS INDEPENDENT RIDERS

DARLING DOWNS

For those interested in attending Darling Downs events their two contacts are: Jol and Shanelle Clark: 0419 746097 and 0409 762374

They can also be e-mailed on:

darlingdowns@eatmyshorts.com.au and have their own ride calendar on the Independent website, as well as their own Facebook Page, search "Independent Riders Darling Downs."

CAPRICORN COAST

For those interested in attending Capricorn Coast events contact is: Dan Blundestone: 0432 090315

Enquiries can also be e-mailed to:

capricorncoast@eatmyshorts.com.au and have their own ride calendar on the Independent website, as well as their own Facebook Page, search "Independent Riders Capricorn Coast"

INDEPENDENT RIDERS MORETON BAY

For those interested in attending Moreton Bay events their two contacts are:

TBA

TBA

E-mail on: info@eatmyshorts.com.au and have their own ride calendar on the Independent website, as well as their own Facebook Page, search "Independent Riders Moreton Bay"

Preferred pubs as of April

The Post Office Hotel
Bazaar Street
Maryborough

Maryborough Sports Club
Saltwater Creek Rd
Maryborough

Toogoom RSL
Toogoom

Lamington Hotel
Ferry Street
Maryborough

Help us help others. Need more info?

E-mail: info@eatmyshorts.com.au

www.eatmyshorts.com.au

PO Box 3203 Pallas St Walker St
Maryborough QLD 4650
PH: 0409 575284
E:-mail: info@eatmyshorts.com.au

No Bullshit, No Politics

Find us on the Web:



New Fraser Coast Patches \$10 Each



Rider Patches 2013-2020



Supporter Patch

Independent Rider Mouse Mats \$10 Each

Two Styles Available



FRIDAY NIGHT SOCIAL EVENINGS – VARIOUS LOCATIONS

They are BACK..... Sorta ☺

Our social Friday nights
will be at varied locations however will be displayed on our
website and Facebook each week,

From 5.30PM ish most Friday evenings

Independent Riders 8th Show and Shine - Results

- **WHEN:** 16th May 2021
- **RESULTS:** \$1890. Sausage Sizzle \$1200, percentage to sanctuary 93%
- **BENEFACTORS:** Fraser Coast Wildlife Sanctuary.

This year's show and shine xxxxx

Something you can all be very proud of.

Independent Riders 2nd Brass Monkey Run

- **WHEN:** 24th / 25th July 2021
- **DETAILS:** Overnighter, southern route. Details TBA.
- **HERE:** TBA

Fraser Coast Toy Run 2021

WHEN: Sunday 5th December 2021
WHERE: Brolga Theatre Maryborough, route to be advised
REGISTRATION: 7.00-9.00AM
ENTRY: Gold Coin Donation

ROUTE AND OTHER DETAILS TO BE ADVISED

STATION SQUARE STALL DATES 2021

Thursday 9 September 2021
Friday 17 September 2021
Thursday 23 September 2021
Friday 1 October 2021
Friday 8 October 2021
Thursday 14 October 2021
Friday 22 October 2021
Friday 29 October 2021
Thursday 4 November 2021
Friday 12 November 2021
Thursday 18 November 2021
Thursday 25 November 2021
Friday 3 December 2021

Other projects heading into 2021/2022

We have a number of exciting projects to consider in 2021

- Suicide prevention/education. More details later in 2021
- Support Our Community Fraser Coast INC Art Competitions 2021
- VR (*Visual Reality*) Headsets for disabled and others in need
- Support Independent Riders Workshops. **Ongoing**
- HISS - Homeless Independent Support Services **Deferred**
- And of course, some **EXCELLENT** rides!!!
- Support for Aussie Troops. **2021 Poker Run to support returned troops**
- Need more details? E-mail: info@eatmyshorts.com.au



Front Back

Red writing (location) initially Fraser Coast or Australia.
 Option for Capricorn Coast or Brisbane
 Waiting on final pricing for fitted and long sleeve options
 Positioning of logo may alter slightly.

Shirts now available from \$30 short sleeve, \$35.00 Long Sleeve. Singlet's also available



NAVY



BLACK



Embroidered Dress Shirts AND Hoodies available - By order only Enquiries 0417 215978

New Patches

Some of our embroidered patches. From \$6.00 to \$10.00 per piece See Julie 0400 690981



If you are interested in coming along to any of our advertised events or need more info, please contact Julie or Michael at info@eatmyshorts.com.au or mobile 0400 690981 or 0409 575284

ALL PATCHES AVAILABLE IN: AUSTRALIA, DARLING DOWNS, MORETON BAY, BRISBANE, FRASER AND CAPRICORN COAST



OUR COMMUNITY FRASER COAST INC IA58583

Our Community Fraser Coast Inc IA58583 (OCFC), is a Not for Profit organisation and an initiative of Independent Riders Australia along with the support of other community minded groups on the Fraser Coast. OCFC provides several services to the local community including free advertising and promotion on their website, for like, minded groups as well as assistance promoting charitable events.

2020 Disability Art Competition. This year's art competition was won by Jason from Fraser Coast Family Networks with his design to go on a special custom Toy Run shirt given to all competition competitors, sponsors and available at cost to families of those who participated in the event.



Jason will also become our Disability Ambassador for 2020-2021 and will present a certificate and a copy of his shirt to sponsors in early 2021. Jason will also be able to attend the start of other Independent Riders events and a special Disability Ambassador banner was produced for use at other events that support inclusion at events here on the Fraser Coast.

Pictures below of Jason custom Toy Run shirt and of the Disability Ambassador Banner.

Jason's shirt design front and back:



Disability Ambassador Banner



With all this going on our website unfortunately is still a work in progress however will continue to work on this in the coming months. The website is located at: www.ourcommunityfrasercoast.com.au is still under construction.

The Latest from Eddie



Shane Muller from The Bikers Brew is kindly supporting this venture. Bikers Brew is on the corner of Walker and Ferry St's Maryborough, (the old Shamrock). If you are in town pop in and say 'hi', check out the bikes, old and new, or enjoy a

coffee, drink, snack or meal. By doing this we support local business who support us.

Workshop Manager: Eddie PH: 0400 488244

Bike Mechanic:

Office: Cassie: 07 4121 3010

Mentors: Wayne, Kevin and Brett, Cass and Travis



Contact Eddie on 0400488244 for more details on the workshop.

Workshop direct at: 07 41213010

Cass and Travis. Cass works part time at Independent Riders workshop in part time role including working with other youth in mentor support.



Travis who has been with the workshop for some time started this week on a four (4) week internship. We hope in the new year we will also be able to offer Travis part time paid work.

VOLUNTEERS NEEDED

Volunteers are essential to the success of the workshops and our ability to help and guide our youth towards a positive future. If you have spare time, want to give back to our community while providing our youth direction from your learned skills and experiences; then do we have a deal for you.

We are in need of volunteers who will be trained as mentors for our students, skills in any metal craft, including welding, bicycle mechanics, small motors or similar then please contact Eddie on 0400 488244. In return we offer a friendly environment, where your experience can make a difference and training is provided.

A Positive Notice Bluecard is a legislative requirement for our volunteers however we can organise this for you and there is no cost.

Located at 276 Kent Street Maryborough. Motorised scooters can be custom made and ordered, ask Eddie how/costs etc. It is believed that with support. These workshops will provide opportunities of employment for local youth.



New Workshops and store front – 276 Kent Street Maryborough 4650

Many people on the Fraser Coast Region are struggling with reading, writing and maths. Independent Riders Workshops, offer literacy and numeracy classes, open to all ages including adults. We have a teacher who is available most days to run classes. Don't be shy, come in and give it a go. We are here for our community.

WE ARE LOOKING FOR SPONSORS

Independent Riders Workshops runs largely unfunded by government funds, with the majority of money raised by the workshop being by the sale and repair of bicycles. To help the workshop to continue its good work we are seeking sponsorship from businesses, organisations and individuals.

In return, sponsors can have their logo placed on the wall in the workshop, on our website and have pamphlets and cards at the front desk. Sponsorship would be annual with options to have logo's on workshop shirts. **Need more information, phone Eddie 0400 488244.**

INDEPENDENT RIDERS MAY 2021



INDEPENDENT RIDERS

8TH ANNUAL SHOW AND SHINE MAY 16TH 2021 (Fraser Coast)



Setting up stalls the day before



MACE and Independent Riders Stalls



The trophies on offer



Excellent display of cars and bikes #1



Excellent display of cars and bikes #2



Excellent display of cars and bikes #3



Excellent display of cars and bikes #4



Excellent display of cars and bikes #5



Excellent display of cars and bikes #6



Excellent display of cars and bikes #7



Excellent display of cars and bikes #8



Excellent display of cars and bikes #9



PIC #1, 2 & 3 Cars and bikes on display at the Independent Riders 2021 Show and Shine

INDEPENDENT RIDERS

OUT AND ABOUT ON THE FRASER COAST – 3RD MAY 2021



3rd May Independent Ride – At Puma Sth M/B #1



3rd May Independent Ride – At Puma Sth M/B #2



3rd May Independent Ride – At Puma Sth M/B #3



Waiting on riders back of Gympie – 3rd May



Day Ride 3rd May – Kin Kin #1



Day Ride 3rd May – Kin Kin #2



Day Ride 3rd May - Pomona



Lunch stop at Coroooy – 3rd May #1



Lunch stop at Coroooy – 3rd May #2



Homeward bound – Regrouping at Widgee #1



Homeward bound – Regrouping at Widgee #2

INDEPENDENT RIDERS

OUT AND ABOUT – CAPRICORN COAST MAY 2021



Out and about 8th May– Capricorn Coast #1



Out and about 8th May– Capricorn Coast #2



Out and about 8th May– Capricorn Coast #3



Gentleman's Ride 23rd May– Capricorn Coast #1



Gentleman's Ride 23rd May– Capricorn Coast #2



Gentleman's Ride 23rd May– Capricorn Coast #3



Gentleman's Ride 23rd May– Capricorn Coast #4



Gentleman's Ride 23rd May– Capricorn Coast #5



Gentleman's Ride 23rd May– Capricorn Coast #6



Gentleman's Ride 23rd May– Capricorn Coast #7



Gentleman's Ride 23rd May– Capricorn Coast #8



Gentleman's Ride 23rd May– Capricorn Coast #9

INDEPENDENT RIDERS

OUT AND ABOUT ON THE FRASER COAST – 23RD MAY 2021



Out and about on the Frasse Coast #1



Out and about on the Frasse Coast #2



Out and about on the Frasse Coast #3



Out and about on the Frasse Coast #4



A visit to the home of Bundaberg Rum



Out and about on the Frasse Coast #5



Lunch at Bucca 18th April #1



Out and about on the Fraser Coast #



Last beers at Miners Arms #1



Last beers at Miners Arms #2



Julie and Ed with Maryborough Ford Club

Julie and Ed with Maryborough Ford Club

HOW TO SUPPORT MACE

Message from MACE Wide Bay Committee

To all that are thinking of or have thought of becoming a MACE member ,Supporter or a helper.



1. You must be eligible for a Positive Notice blue card .
M.A.C.E. will assist with that
2. You must attend at least 3 meetings and help at awareness days or functions. At this stage a Full Member will become your sponsor. You will become an Associate member and you can stay an Associate or stay as a supporter as long as you like. These two categories cannot work directly with Children or represent M.A.C.E. without a full member being present
3. To become a full member will take a minimum of (12) twelve months. This period is so as you can learn our policies , procedures and rules of engagement with children.

There are two ways.

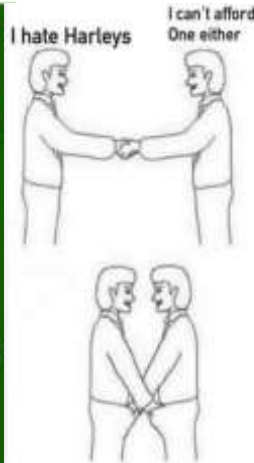
- (1) you own or have access to a motorbike capable of highway speeds
- (2) a Full member takes you on as a pillion on his or her bike . If you think M.A.C.E SMC is something that you would like to do please contact us Via Facebook or Email <mailto:barra@maceaustralia.com>



This Month's Humor and Quotes



Wife: Look at that drunk guy.
Husband: who is he?
Wife: 10 yrs back he proposed to me & I rejected him.
Husband: Oh My God He's still celebrating...



Have faith in the Pfizer vaccine, Pfizer also make viagra, so if they can raise the dead they can save the living :)



When giving instructions, or evaluating a proposal, it helps to be specific, and not assume the other side understands what we mean. We must always be prepared for the fact that the listener may be stupid.

ITS BEEN THAT KIND OF DAY



Aww! For fuck's sake what else can go wrong this year!!!

FUN FACT: a majority of archeologists are women due to their natural ability to dig up the past



I am a pretty nice person, But I also realize that if there were an asshole championship, I would place respectfully in my weight division!

Lady: do you drink beer?
 Man: yes.
 Lady: how many per day?
 Man: 3.
 Lady: how much do you pay per beer?
 Man: \$5 each including tip.
 Lady: how long have you been drinking.
 Man: about 20 years.
 Lady: 3 beers a day equates to \$450 per month or \$5,400 per year. In 20 years, that's \$108,000
 Man: sounds correct.
 Lady: did you know that if you put that money in a savings account, that after interest, you would have had enough money to buy a plane?
 Man: do you drink beer?
 Lady: no.
 Man: where's your fucking plane?



Dear alcohol, we had an agreement where you'd make me funnier, smarter, and a better dancer. I saw the video. What the fuck.



I'm gonna quit my job and travel the world until I run out of money!
 I estimate I'll be home again around 10 PM this evening...

SOMEONE SHOULD START A RUMOR THAT THERE IS A SHORTAGE OF JOBS SO EVERYONE WILL PANIC AND GO GET ONE!

IT'S LIKE MY LATE NANA USED TO SAY WHILE PUFFING ON HER STOGIE AND KNOCKING BACK HER SCOTCH



"IF YOU CAN'T BEAT 'EM, AT LEAST KICK 'EM IN THE NUTS" SHE WAS SO SWEET.



OUR SPONSORS



Bay Trailer Hire
Hervey Bay

0488 184698



Maryborough



it's your place



Fraser Coast
REGIONAL COUNCIL



BIGW



BURLEIGH

THE WAY BARS ARE MEANT TO BE



BUILDERS SUPPLIES

07 4121 5643

Centre Management Station Square Maryborough, Kelly's Nails, The Butcher Shop Tinana, Maryborough Eykandi Artworks and Photography, Arthouse Northside, Wilko's Pro Shine



Phone Daniel: 0432 090315

For this event and other events on The Capricorn Coast

FRASER COAST TOY RUN 2021

This year's Fraser Coast Toy Run is scheduled for Sunday 5th December 2021, departing again from the Brolga Theatre in Maryborough. As like previous years all proceeds will go to local community groups and those in need. As part of the lead up to the toy run we run stalls at various locations across the Fraser Coast.

Below are the dates for our stalls at Station Square Maryborough, with all stalls located at the bottle shop end of the shopping centre. Times will be 8.30am, until around 2.30-3.00pm. As like previous years merchandise, toy run raffles, provide information on the event including benefactors and will be able to accept toy donations etc as well.

Last year's major prize was a laptop, this year is still undecided but looking at something different.

Thursday 9 September 2021

Friday 17 September 2021

Thursday 23 September 2021

Friday 1 October 2021

Friday 8 October 2021

Thursday 14 October 2021

Friday 22 October 2021

Friday 29 October 2021

Thursday 4 November 2021

Friday 12 November 2021

Thursday 18 November 2021

Thursday 25 November 2021

Friday 3 December 2021



BEENLEIGH 20 21 BIKE FEST AND SWAP MEET

Introducing the first inaugural BIKE FEST to be held at Beenleigh Showgrounds Oval, James Street, Beenleigh, Qld 4207 on 22 May 2021. Starting from 6.00am till 1.00pm.

The Bike Fest will have bikes of all ages on display, PLUS a competition for best looking bike in Beenleigh. There will be displays and sales of all bike related merchandise plus a Bike Swap Meet for all secondhand bike goods to buy, sell or trade.

A detail floor plan will be available for anyone wishing sell their bikes, gear or merchandise to book a space.
Contact Brian on 0412 793 352

WE hope you will support us to make this inaugural Bike Fest Event a roaring success.

For more information on sponsorship and bookings call Brian Carey on 0412 793 352
beenleighbikefest@gmail.com

LINK US ON FACEBOOK TO GET THE LATEST NEWS AND UPDATES



GYMPIE AREA POKER RUN

About 180k of great riding around Cooloola and Sunshine Coasts

Date:

Sunday June 6th, 2021

Where:

Start Gympie Mining Museum

Registration:

0800 for 0900 start

Cost:

\$10

Contact:

Russ 0439 759 947

or Tony 5485 3016



*Open to all bikes
and riders*

This is our anti Co-vid Back to Basics Poker Run.

Come along and enjoy fine riding and good company and help us give Co-vid the finger.



THE ZOMBIE APOCALYPSE



MOTORCYCLE CAMPING EVENT

HALLOWEEN WEEKEND SAT 30 OCT 2021
MCCOY'S CAFE, 3 MUNRO ST, COOYAR, QLD



MAY
29

Superhero Charity Ride/Cruise Hervey Bay

Public - Hosted by **MACE Superhero Family Fun Day - Hervey Bay Children's Ward Fund Raiser**



Saturday, 29 May 2021 at 08:30 UTC+10
5 days from now · 13–20°C Partly cloudy



"Pie Face" - United Servo Eli Waters

[Show map](#)

Details

CALLING ALL SUPERHEROES!!! come along and join:

- M.A.C.E
- Diggers M.C
- RWB Social Crew
- Independent Rider's Association
- Ford Club

For an Esplanade ride/cruise before arriving at the Seafront Oval for a Show & Shine and Family Fun Day to raise funds for new equipment at the Hervey Bay Hospital Children's Ward.

Superhero dress up and/or vehicle decoration is strongly encouraged to show support for and lift the spirits of our little superheroes battling illness.

Meet at "Pie Face" (United Servo, Eli Waters).

8:30am registrations open - \$10 per person

9:45am registrations close.

10am stands up.

10:30am arrive at Sea Front Oval. Show & Shine parking.

11am Super Hero Family Fun Day opens to public.

For further Family Fun Day Details please refer to the Family Fun Day Event

FOR SALE #1



Stainless Steel Barista/Coffee Machine

Comes with everything you need to start your own business

Included with coffee machine :
Stainless steel bench, fully plumbed
includes water filter, grinder, touch
screen and till (never used), scanner,
mini receipt printer.

Originally purchased for \$20,000 this
machine has had no commercial use.
For inspection and/or to make an offer
over \$5,000 contact Michael or Julie

Phone: Michael 0409 575284 or Julie 0400 690981

HELPING WITH CARE PACKAGES

What is a Care Package?

A care package is a parcel containing a variety of products that is sent to Australian Troops who are deployed overseas. These packages can contain a variety of products, some of which are listed below.

Funds raised and goods collected from our March 10 Poker Run went towards 60 care packages that were put together on March 24 and sent to our troops on the week ending 1 April 2018. Our plan is to continue collection of goods through 2018 until our poker run in 2020. In 2021 we are hoping to be able to give to an organization in Wide Bay that provides care to our returned service people.

List for what can go in a Care Packages, anything that you would like to receive from home! Note: If we keep the boxes under 2kg the military will send for nothing.

Sorry
No glass jars or aerosol cans

<ul style="list-style-type: none">• Razors• Roll on deodorants• Chap sticks for lips• Shampoo and conditioner (Small)• Sunscreen. (Small)• Baby wipes. (Wash)• Body wash• Eye drops• Tooth paste or Toothbrush• Tim Tams• Lollies• Noodles• Vegemite• Peanut paste• Muesli bars	<ul style="list-style-type: none">• Milo,• Coffee, (small packets)• Tea• Nutella• Cookies• Nuts• Gum• Dried fruit• Note books• Biro's• Puzzle books• Playing cards. UNO cards, dice• Magazines. (car books , bikes others that would be interesting, national geographic books, calendars) etc
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There is heaps more you can add in however if you are unsure or would like more information or have goods that could be used, then contact: Julie on 0400 690981 or Michael on 0409 57528.

So next time you are doing your shopping, pop in a little extra. Thank you.

Feel Like a Chat?

Flourish Australia Hervey Bay

**Phone 1800 WE LISTEN
(1800 9354 7836)**

1800 WE LISTEN is Flourish Australia's Peer WarmLine which commenced operation on July 1, 2012.

When you call **1800 WE LISTEN**, you will be speaking to someone who has a mutual understanding of mental illness. Flourish Australia staff combines their own experiences with extensive training to provide you with the support you request.

1800 WE LISTEN is not a crisis service, it is simply a number you can call when you want to have a chat, knowing that someone who is successfully managing their own recovery will be there to listen and share experiences.



[Corona Virus Links](#)

Updated links will be added in our March Newsletter